Take on the colon cancer

Shahverdi E^{1,2}, Khani Ma³

¹Blood Transfusion Research Center/High Institute for Research Center& Education in Transfusion Medicine, Immunohematology Department, Tehran, Iran.

²Student Research Committee, Baqiyatallah University of Medical Sciences, Tehran, Iran.

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Colon cancer is the third most common cancer in incidence and mortality worldwide [1], and one of the few cancers that can be prevented. Fortunately, this disease often starts from the beginning with abdominal pain and symptoms. Less than 10% of patients in stage I disease recurrence and does not benefit for whom adjuvant chemotherapy, 20% of patients in stage II disease have a recurrence and for whom adjuvant chemotherapy minimal benefit [2] because in the early stages of colon cancer (stages I and II) tumor engulfed all the inner walls of the colon.

In stage III colon cancer there are regional lymph node metastases And the administration of adjuvant chemotherapy have been seen a significant increase in survival [3]. In stage IV colon cancer patients are with distant metastases, tougher regimes in the process of receiving treatment that is not common treatments [4].

In the case of metastasis after kidney, lung is the second member attacked that chemotherapy is not used for treatment [5]. However, the methods that were proposed in the late sixties such as En.Bloc Resection and No-touch. Technique has not diminished from them credibility but needs to be prophylactic methods and more definitive diagnosis. Surgical is a manner that after tumor recurrence depending on the extent and severity of the tumor will be done to many forms. Diagnosis colonoscopy and removal of adenoma has been a significant reduction in the incidence of colon cancer [6, 7].

In addition to colonoscopy, Screening conducted and in some cases genetic tests for prediction and early detection of colon cancer. Sometimes the start of the patient than complete development takes time 10 years, that this time is a good opportunity for screening, prevention and early detection of the disease.

Following the screening conducted Reduction of 30% was declared developing the disease in 2014 [8]. Although have been seen positive results about Genetic tests of disease such as studies Dalerba [9] and Robles [10]. But still need further studies in order to more conclusive results.

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*Correspondence to:

Ehsan Shahverdi

High Institute for Research Center& Education in Transfusion Medicine

Immunohematology Department

Iran

Tel / Fax: +982188601606

Email: shahverdi ehsan@yahoo.com

³Department of Medicine, Najafabad Branch, Islamic Azad University, Najafabad, Iran.