

Study the effect of probiotic bacteria isolated from foods on pathogens.

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Abstract

Eleven *Bacillus* strains were isolated from foods and evaluated their probiotic potential and safety. Then study the effect of selected strains against pathogens, and on the population of pathogens in Reconstituted Skim Milk (RSM). Seven strains from *Bacillus sp.* (3) and *Bacillus subtilis* (4) were selected which were grow in low pH 1.0 to 5.0 and tolerant bile salt 0.3 to 2%, highly resistant to simulated gastrointestinal tract conditions, and showed antimicrobial activity against *Salmonella typhimurium* ATCC20231 and *Staphylococcus aureus* ATCC25923. They had antibiotic susceptibility against 6 tested antibiotics. Also, it's exhibited non-hemolytic on sheep blood. Two pathogens were completely inhibited after 60 and 72hrs of incubation with selected probiotic strains in RSM. The results indicate that *Bacillus subtilis* or *Bacillus sp.* could be used as probiotic cultures for animal feeds and human, fermented vegetables, milk, meat product as well as to achieve bio preservation of dairy products in food industries.

Keywords: Probiotic strains, *Bacillus sp.*, Antibacterial, Antibiotic, Gastrointestinal tract conditions.

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Introduction

Food borne illness is major international health problem in worldwide and it reduced the economic growth, although enhanced performance of effective legislative control on food processing procedures in industries [1]. Food borne diarrheal diseases are causes of illness and death~2.2 million people annually and over than 200 types of illness transmitted by food [2,3]. These pathogens are *Listeria monocytogenes*, *Staphylococcus aureus*, *Escherichia coli*, *Salmonella typhi*, *Bacillus cereus*, yeasts and moulds. The use of naturally produced anti-microbial agents without any adverse effects on human health to inhibit the propagation of pathogenic microorganisms in foods, that is may be challenge the problems associated with food contamination.

The expression of "probiotics" was plagiaristic from the Greek word, it is meaning as "for life" [4]. After that, defined probiotics as: "Live microorganisms" which when administered in sufficient amounts confer a beneficial health to host by improving its microbial balance in gut [5,6]. Probiotic bacteria may be producing various Anti-microbial metabolites, which include organic acids (lactic and acetic acids), and bacteriocins. The organic acids not only lower the pH, but they can also be toxic to the pathogens. The beneficial of probiotic bacteria are prevention and treatment of diseases in gastrointestinal disturbances, such as dysentery, diarrhoea, typhoid [7].

Lactobacillus, *Bifidobacterium*, *Lactococcus*, *Leuconostoc*, *Bacillus* and many others are integrated in the list of probiotics [8]. Probiotics are well recognized to possess specific properties such as; gastric juice and bile tolerance, adhesion to the epithelial cells of the intestine, survive in the gastrointestinal tract of humans and animals and improvement of the intestinal microbial balance [9].

Probiotics bacteria, like common microorganisms, it may possess undesirable properties such as the advent of harmful biochemical and virulence factors. They are non-spore former, and may be destroyed in high bile concentrations of the duodenum and stomach acids. Therefore, large numbers from probiotics bacteria were require surviving in the gut anaerobic. To challenge this problem, many studies are in progress on the applicability of a new spore forming *Bacilli probiotics*, such as; *Bacillus coagulans*, *Bacillus subtilis*, *Bacillus licheniformis*, *Bacillus polymyxa*, and *Bacillus mesentericus*. They are non-pathogenic and naturally found in water and soil, ferment a large number of sugars, secrete protease, lipase and amylase enzymes, survive in the stomach and reach the intestine to germinate, and thermo stable.

Bacillus species are Gram positive bacilli, produce heat resistant spores and widespread in environment or many types of food. *B. subtilis* is not harmful to mammals, including humans, and is commercially important as producer of a high fine chemicals and enzymes and diverse amount of secondary metabolites like antibiotics, as well as heterologous proteins,

antigens and vaccines [7,10,11]. *B. subtilis* grow efficiently with low-cost carbon and nitrogen sources, because its enzymes are very efficient breaking down a great variety of proteins, carbohydrates and lipids from animal and vegetable origin, into their constituent units [12]. *B. subtilis* spores have the ability to resist extreme pH conditions, UV irradiation, high temperatures, solvents and long time periods of storage without refrigeration [13]. In review, *B. subtilis* has adaptability of growth nutrients utilization, production high level of enzymes, secretion of antimicrobial compounds, develops in aerobic and anaerobic conditions, and *B. subtilis* Generally Recognized as Safe (GRAS) by the Food and Drug Administration (FDA). Finally, *B. subtilis* in “theory” may be well measured as an ideal multifunctional probiotic bacterium for hosts [11,14-17].

The aim of this study is to evaluate the potential probiotics properties of *Bacillus* bacteria isolated from food, and their antibacterial effects against pathogenesis. Finally, study the effect of co-culturing probiotic bacteria with pathogenic in skim milk.

Material and Methods

Bacterial strains

Eleven bacterial strains (M01-M11) were isolated under aerobic conditions from twelve traditional food products; further all strains were identified by partial 16SrRNA gene sequencing and phylogenetic analysis. All strains were identified by 97-100% identity including *Bacillus circulance* (4), *Bacillus sp.* (3) and *Bacillus subtilis* (4), according to Zaid [18]. Standard biochemical tests such as gram reaction, spore former, motility, catalase reaction, oxidase activity, Esculin hydrolysis were performed following standard assessment [19].

Probiotic potential

pH tolerance: The isolates were inoculated into sterile Nutrient Broth (NB) tubes of varying pH, i.e. 1,2, 3, 4, and 5 incubated at 37°C for 24 h. Then 0.1 ml inoculums from each tube was poured as nutrient agar medium by pour plate method and incubated at 37°C for 48 h. The growth of bacteria on agar was used to designate isolates as pH tolerant [7].

Bile salt tolerance

The medium with varying concentrations of bile salt (0.3, 0.5, 1.0, 2.0, 3.0 and 4.0%) was inoculated with each selected bacterial culture and incubated at 37°C for 48 h. Then 0.1 ml inoculums was transferred to nutrient agar by pour plate method and incubated at 37°C for 48 h. The growth of bacteria on agar plate was used to designate isolates as bile salt tolerant [7].

Hemolytic activity

For testing haemolytic activity, isolates were streaked on Columbia agar plates; containing 5% (w/v) sheep blood [20].

Antibiotic susceptibility

The selected *Bacillus* strains were evaluated for antibiotic susceptibility by using agar diffusion method on Mueller Hinton agar [21]. Antibiotics such as ampicillin (Am 10 U); penicillin (P 10 mg); nalidixic acid (NA, 30 µg); vancomycin (V, 30 µg); colistin (CS, 10 µg); tetracycline (T, 10 µg); Gentamicin (GM, 10 mg); Fusidic acid (FA, 10 U). All antibiotics were purchased from Bio-Rad, Laboratories, GmbH., Germany. Isolates culture suspension containing ~10⁶ cfu/mL of the 18 h culture at 37°C, then streaked on agar by a sterile cotton swab. The studied antibiotic discs were aseptically placed on the plates. The diameters of inhibition zone were calculated in mm under the colony counter after 24 h of incubation.

Effect of simulated gastrointestinal conditions

According to Zago et al., simulated gastrointestinal conditions were designed [1]. The growth of isolates at pH 2.0 in the presence of 1% lysozyme, 1% trypsin, and 0.3% bile salt in Tryptic Soy Broth (TSB) was used to designate isolates as simulated gastrointestinal conditions.

Antimicrobial activity

For detection of antagonism activity, an agar spot test was used [22]. Overnight cultures, on NB medium, of the strains to be tested for production of antimicrobial compound were centrifuged (10 min at 15000 g, 4°C). Cell-free supernatants were filtered across cellulose acetate filter (0.2 µm) to remove residual cells. An overnight culture (37°C) of the target strain was diluted in sterile Mueller-Hinton Medium, and 1 mL of 10⁶ CFU was spread on solid Mueller-Hinton medium. The petri dishes were dried for 10 min. Cork borer was used to punch one hole, 4.1 mm in diameter. Nutrient agar was used to seal the bottom of holes. Samples (30 µL) of filtered cell-free supernatants were transferred on the agar plate. The target strains used in this study are *Salmonella typhimurium* ATCC20231, and *Staphylococcus aureus* ATCC25923.

Effect of co-culturing probiotic bacteria with pathogenic

This method was used to study the effect of probiotic bacteria on the population of pathogenic in reconstituted skim milk (RSM). 9 mL of RSM was inoculated with 1 mL overnight culture of probiotic bacteria and 0.1 mL of pathogenic. Inoculated RSM medium was mixed well and incubated at 37°C for 0, 12, 24, 36, 48, 60, 72 h. Following incubation, the population of spoilage and pathogenic bacteria was counted on nutrient agar [23].

Statistical analysis

The data obtained from treatments were analyzed by one-way ANOVA using ‘Proc Mixed’ (SAS 8.2, Cary, NC, USA). In all cases, the level of statistical significance was of P<0.05. SAS program was used to statistical analyzed (SAS 2001); LSD

means comparisons were conducted with the Duncan option in SAS.

Results and Discussion

Eleven bacterial strains (M1-M11) were isolated from foods under aerobic condition characterized by biochemical conditions then identified by partial 16SrRNA gene sequencing and phylogenetic analysis by Zaid et al. [18]. Eleven strains were identified by 97-100% identity including *Bacillus circulans* (4), *Bacillus subtilis* (4), Other isolates were identified by 85-92% identity; therefore these species are considered as new ones and named: *Bacillus sp.* (M07, M08, M10). Cutting identified *Bacillus* strains as probiotic, they were *B. subtilis*, *B. coagulans*, *B. cereus* and *B. clausii* [14]. Recently, Manhar et al. also introduced *B. amyloliquefaciens* as potential probiotics [24]. Probiotic *bacillus* strains can produce spores under insensitive conditions such as high heat, low pH, dry, and worn out nutrients, which bacterial cells cannot stay alive, and remain viable till exposed to more good conditions. This provides many opportunities for probiotic *Bacillus sp.* over non-spore forming bacteria such as *Lactobacillus*, and *Bifido* bacterium strains. Spore forming probiotic *bacillus* strains are widely used as nutritional supplements in humans, increase shelf life of dairy products and as growth promoters in animals and fish [14].

Bacillus subtilis and *Bacillus sp.* strains showed significant differences antimicrobial effect against two tested pathogenic strains, but *Bacillus circulans* strains exhibited no activity against pathogens as shown in Table 1. On the basis of maximum zone scored by M6 against *Salmonella typhimurium* and *Staphylococcus aureus* were 28 mm and 25 mm respectively.

The same finding, Patel et al. reported that, the probiotic *Bacillus* strain DET6 isolated from food wastes inhibited growth of *Salmonella typhi* and *E. coli* [25]. Mahdhi et al. selected probiotic *Bacillus* strains had an antibacterial activity against Gram-positive and Gram-negative bacteria with diameter of the inhibition zones range between 12 mm and 18.6 mm [26]. Lee et al., isolated and identified three probiotic *Bacillus* strains from Korean traditional soy sauces, and showed antimicrobial activity against *Bacillus cereus*, *Listeria monocytogenes*, *Staphylococcus aureus* and *Escherichia coli* [27]. On the other hand, *B. amyloliquefaciens* did not show any affect against *B. cereus*, *Yersinia enterocolitica* and *Salmonella typhimurium*, but inhibited the growth of *L. monocytogenes* and *K. pneumoniae* reported by Manhar et al. [24].

Table 1. Inhibition zone of selected probiotic isolates against some foodborne pathogens.

	Probiotic bacteria	Diameter of inhibition zone (mm) by pathogenic bacteria	
		<i>Salmonella typhimurium</i>	<i>Staphylococcus aureus</i>
M1	<i>Bacillus circulans</i>	NA ^b	NA ^b
M2	<i>Bacillus subtilis</i>	25 ^a	20 ^a
M3	<i>Bacillus circulans</i>	NA ^b	NA ^b
M4	<i>Bacillus subtilis</i>	26 ^a	22 ^a
M5	<i>Bacillus subtilis</i>	27 ^a	19 ^a
M6	<i>Bacillus subtilis</i>	28 ^a	25 ^a
M7	<i>Bacillus sp.</i>	26 ^a	20 ^a
M8	<i>Bacillus sp.</i>	20 ^a	15 ^a
M9	<i>Bacillus circulans</i>	NA ^c	NA ^b
M10	<i>Bacillus sp.</i>	22 ^a	18 ^a
M11	<i>Bacillus circulans</i>	NA ^c	NA ^b
L.S.D		10.6	9.63

^{a,b,c}Means within arrow for insect pest followed by different letters are significantly different (P<0.05; using Duncan's multiple range; NA: No Activity).

Probiotic potential of selected spore former *Bacillus* strains pH and Bile salt tolerance were shown in Table 2. In this study, *Bacillus subtilis* and *Bacillus sp.* strains were able to grow in pH from 1.0 to 5.0 and survive in bile salt concentrations from 0.3 to 2%. *Bacillus circulans* strains were lost their tolerance to low acidity at pH 1.0, 2.0 and 3.0 and all bile salt concentrations. On other hand, probiotic bacteria isolated from

baobab (maari) fermented seeds could tolerate bile salt concentration of 0.3%, and able to survive at pH 2.5 [28]. Tambekar et al. isolated probiotic, which tolerance to acid (pH 2.0) and bile salt at 2.0% [7]. Tolerance to bile salts is a requirement for colonization and metabolic activity of bacteria in the small intestine of the host [29]. This will help probiotic

bacteria to reach the small intestine and colon and contribute in balancing the intestinal microflora [7].

Table 2. pH and bile salt tolerance of selected probiotic isolates.

Isolate no.		Growth exposure to pH (PH after)					Growth in the presence of bile salt (%)					
		1	2	3	4	5	0.3	0.5	1	2	3	4
M1	<i>Bacillus circulans</i>	-	-	-	+	+	-	-	-	-	-	-
M2	<i>Bacillus subtilis</i>	+	+	+	+	+	+	+	+	+	-	-
M3	<i>Bacillus circulans</i>	-	-	-	+	+	-	-	-	-	-	-
M4	<i>Bacillus subtilis</i>	-	+	+	+	+	+	+	+	+	-	-
M5	<i>Bacillus subtilis</i>	+	+	+	+	+	+	+	+	+	-	-
M6	<i>Bacillus subtilis</i>	+	+	+	+	+	+	+	+	+	-	-
M7	<i>Bacillus sp.</i>	-	+	+	+	+	+	+	+	+	-	-
M8	<i>Bacillus sp.</i>	-	+	+	+	+	-	-	-	-	-	-
M9	<i>Bacillus circulans</i>	-	-	-	+	+	+	+	+	+	-	-
M10	<i>Bacillus sp.</i>	+	+	+	+	+	+	+	+	+	-	-
M11	<i>Bacillus circulans</i>	-	-	-	+	+	-	-	-	-	-	-

‘+’: Growth; ‘-’: No growth.

Antibiotic susceptibility test

The antibiotic resistances of the probiotic *Bacillus* strains were tested by using two groups of antibiotics categorized by their mechanisms. The first one was cell wall inhibitors including ampicillin, penicillin G and vancomycin, and second group were protein synthesis inhibitors including gentamicin and tetracycline [30]. *Bacillus subtilis* and *Bacillus sp.* strains were scored multi drug resistance against 6 types of antibiotics. Antibiotic susceptibility is measured to be the best probiotic characteristic [25]. In this study *Bacillus subtilis* and *Bacillus sp.* strains also showed the highest resistance to ampicillin and penicillin G (Table 3). This is parallel to the reports by Manhar et al. [24]. They reported that *B. amyloliquefaciens* AMS1 were resistant to ampicillin and penicillin and probiotic *Bacillus sp.*

Table 3. Antibiotic resistance profile index of the selected probiotic strains.

Isolate no.	P 10 mg	AM 10 U	CS 10 µg	FA 10 U	GM 10 mg	NA 30 µg	V 30 µg	T 10 µg	No. of antibiotic resistance
M1	-	-	R	-	-	R	-	-	2
M2	R	R	R	-	R	-	R	I	6
M3	-	-	-	-	-	R	-	-	1
M4	R	R			R	R	R	I	6
M5	R	R	-	-	R	I	R	R	6

M6	R	R	R			R	R	I	6
M7	R	R	R	-	R	I	-	R	6
M8	R	R	-	-	R	R	R	I	6
M9	-	-	R	-	-	-	-	-	1
M10	R	R	R	-	R	R	-	I	6
M11	-	-	-	-	-	I	-	I	2

Inhibition zone diameters were determined general of the diameter of the discs. (-) Sensitive (≥ 21 mm); I: Intermediate (16-20 mm); R: Resistant (≤ 15 mm); AM: Ampicillin; CS: Colistin; FA: Fusidic Acid; GM: Gentamicin; NA: Nalidixic Acid; P: Penicillin; V: Vancomycin; T: Tetracycline.

Hemolytic activity

One of the main criteria needed to be satisfied by a probiotic organism is to be non-pathogenic [31]. In general, it can be noticed that no strain observed complete hydrolysis (β hemolysis) on blood sheep agar. Other isolated strains 7 out of 11 observed no hemolytic activity (γ hemolysis). *Bacillus circulans* strains displayed greenish-brown color (α hemolysis) around their colonies grown on blood sheep agar (Table 4). This study was comparable to probiotic *B. polyfermenticus* CJ6; it was observed no hemolytic activity [32]. Probiotic *Bacillus sp.* BCNU9028 formed a green zone that indicates α -hemolysis. *B. cereus* produces a clear zone that indicates β -hemolysis [32]. No-hemolysis and α -hemolysis are considered to be safe and β -hemolysis was considered harmful [33]. β -hemolysis is an implication that bacteria have cytotoxic phospholipases [4]. The hemolytic factor decreases the amount of hemoglobin available as an iron source for the host [34].

Table 4. Hemolytic activity of the selected probiotics strains.

Strains	Growth on blood sheep agar	Type of hemolysis*
M1	Green-hued zones around colonies	α
M2	No zones around colonies	γ
M3	Green-hued zones around colonies	α
M4	No zones around colonies	γ
M5	No zones around colonies	γ
M6	No zones around colonies	γ
M7	No zones around colonies	γ
M8	No zones around colonies	γ
M9	Green-hued zones around colonies	α
M10	No zones around colonies	γ
M11	Green-hued zones around colonies	α

*Hemolytic activity was described as no (γ), incomplete (α) and complete (β) hemolysis.

To select the probiotics strains with high probiotic potential, simulate gastrointestinal conditions by identified strains were grow in the presence bile salt, lysozyme, and trypsin at low pH. If the tested strains have ability to grow under these

environmental stresses, these bacterial strains can tolerate, adhere, colonize and grow after transit from the stomach to small intestine. In the present study, all isolated strains were studied in the presence of 1.0% lysozyme, 1.0% trypsin and 0.3% bile salt at pH 2.0. Most studied strains 7 out of 11 were able to grow under simulated gastrointestinal conditions.

In conclusion, the effect of trypsin and lysozyme might be avoided due to not fitting pH, where these enzymes could be inactivated at low temperature and optimal pH 7.5-8.5 [35]. Lysozyme activity was significantly decreased at pH 6.2 or below [36]. After this explanation, the most effective factors in this simulated gastrointestinal were bile salt and pH. As described above, the obtained results demonstrated that, bile salt and low pH induced adherent and biofilm formation due to increasing cell hydrophobicity [1,37-41].

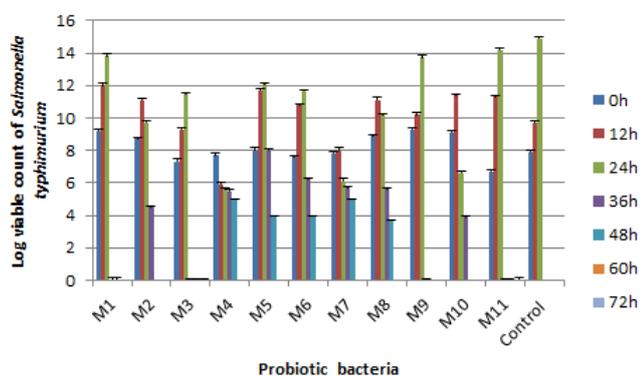


Figure 1. Effect of co-culturing with probiotic bacteria in reconstituted skim milk media on log population of Salmonella typhimurium.

Experimental results, given in Figures 1 and 2, were shown that the effect of probiotic Bacillus strains on the population of pathogens in Reconstituted Skim Milk (RSM). It depends on the variety of the pathogen as well as of the types of Bacillus probiotic strains. The agent of Salmonella was sensitive to the presence of Bacillus subtilis and Bacillus sp. strains during all the period of incubation; it was completely inhibited up to the 60th h.

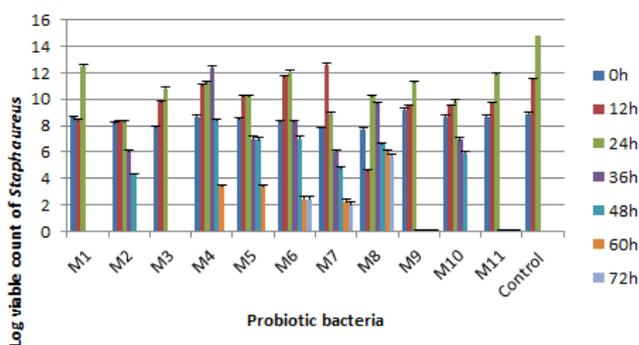


Figure 2. Effect of co-culturing with probiotic bacteria in reconstituted skim milk media on log population of Staphylococcus aureus.

Staphylococcus aureus was more resistant in the presence of Bacillus subtilis and Bacillus sp., it completely inhibited after

72 h of incubation period. Bacillus circulans strains have a similar behavior of control as shown from results and spoilage all samples after 48 h of incubation periods. The same finding by Denkova et al. concluded that E. coli and Salmonella were sensitive to the presence of probiotic bacteria and during joint cultivation complete inhibition up to the 60th to the 72nd h of incubation [23]. On the other contrasting, Staphylococcus aureus showed more resistant to the presence of probiotic bacteria in the medium, but this pathogen was sensitive to Bif. Bifidum strain only.

In conclusion, seven strains (4 Bacillus subtilis and 3 Bacillus sp.) showed no hemolytic activity (γ hemolysis), antibacterial activity, tolerated low pH 2.0, bile salt up to 0.3%; viable under Stimulated Gastrointestinal Tract (SGIT) stress. These strains are strongly suggested to use as probiotics and can be measured as generally recognized as safe (GRAS) bacteria. The other four strains from Bacillus circulans have ability to incomplete hemolysis (α hemolysis) and lost one of the important criteria (acid and bile tolerance). Therefore its need to advance work to assess their safety to use as probiotics. It could be concluded on the combine of different probiotic strains in order to complete the inhibition growth of bacteria and spores. As a result of the conducted studies strains of Bacillus subtilis and Bacillus sp. had high antimicrobial activity, it's important for the application of these probiotic strains in foods to extend the shelf life. Bacillus probiotics strains were used for the production of functional foods (yogurt; bioyogurt; bread with extended shelf-life; raw-dried meat products; cheeses; organic preservation of cosmetic creams).

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