

## **Heterotopic Calcification: A cause for Zygomatico-coronoid Ankylosis**

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### **Abstract**

**Zygomatico coronoid ankylosis is a rare type of extra articular ankylosis. The most common cause is Jacobs Disease, which is due to osteochondroma of the coronoid process. In this paper we present a case where in the zygomatico-coronoid ankylosis is due to heterotopic ossification, secondary to surgical trauma from previous operations. A literature search does not show any similar reported case. Brief review of possible prophylactic modalities for heterotopic ossification is discussed.**

Key words: heterotopic ossification, extra-articular ankylosis, zygomatico coronoid ankylosis

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### **Introduction**

Temporo-mandibular joint ankylosis was classified into two types, intra articular or true ankylosis, and extra articular or false ankylosis. Fibrous or bony adhesion between the coronoid process and the zygomatic arch is a rare cause of extra-capsular/extra-articular ankylosis. It may follow facial fractures caused by gunshots, treated and untreated fractures of the zygomatic complex with or without concomitant fracture of the coronoid process, chemical burns, mandibular fractures, infections involving the infratemporal space, local surgical complications, extension of intracapsular ankylosis and due to the enlargement of the coronoid process.

Enlargement of the coronoid process of the mandible was first described by Langenbeck in 1853 [1] and joint formation between the coronoid process and the zygoma was first described by Jacob in 1899 [2]. Subsequently, enlargement of the coronoid process with its fusion to the zygomatic bone has been sporadically reported in the literature.

The mechanisms by which the ankylosis between the zygoma and the coronoid develops are unclear, since heterotopic bone is rarely encountered in the maxillofacial region. It may result from metaplastic changes in connective tissue elements that do not ordinarily have osteogenic potential, following trauma, infection or surgery.

### **Case Report**

A 52-year-old female was referred to our unit with a history of difficulty in opening the mouth. The patient had a

history of fall when she was around four years old. She also had history of two previous surgeries for TMJ ankylosis of the left joint. In both instance the patient had only partial improvement of mouth opening immediately after surgery which reduced to preoperative levels within few months. Clinical examination showed slight asymmetry of the face with mouth opening of 5 mm (Fig. 1). Intraoral examination showed a stable occlusion, few missing teeth and no further abnormalities.

Orthopantomograph revealed probable re-ankylosis of the left joint, also a radio-opaque mass was noticed over the left zygoma. The left coronoid process was enlarged, deformed and in continuation with the bony mass over left zygoma (Fig. 2). A computed tomography scan showed an irregular bony outgrowth from the superior portion of the left coronoid process which was irregular in outline with a homogeneous bony texture. The coronoid process extended high up into the left infratemporal fossa and impinged/united with the temporal surface of the zygoma which also showed bone formation on its lateral aspect. On careful examination of the C T scan, two islands of bone, one big and one small were seen in between the zygoma and the coronoid process which were fused to these bones (Fig. 3a, 3b, 3c). It was felt that the zygomatico-coronoid fusion was completed by these islands of bones. The other finding on C.T was malformed left condyle, ankylosed on to the periphery of glenoid fossa especially on the lateral aspect. With the patient under general anesthesia after awake fiber optic nasoendotracheal intubation, the bony mass was exposed through a modified Al-Kayat/Bramley incision [3]. It was evident that the enlarged coronoid had fused with the mushroom-shaped bone over the zygoma (Fig.4a).



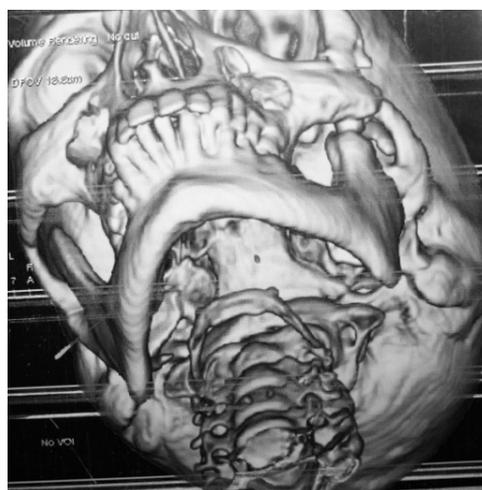
**Figure 1.** Preoperative mouth opening of the patient



**Figure 3b.** Computer Tomography showing two islands of bone which were fused between the zygoma and the coronoid process



**Figure 2.** OPG showing deformed coronoid process and bony mass over left zygoma fused with each other



**Figure 3c.** 3D Computer Tomography showing fusion of coronoid and Zygoma through Intermediate islands of bone



**Figure 3a.** Computer Tomography showing irregular bony outgrowth from the superior portion of the left coronoid process of the mandible



**Figure 4a.** Enlarged coronoid process fused with zygoma



**Figure 4b.** Intra-operative photograph showing a mouth opening of 39 mm

The temporomandibular joint was also affected. A fissure bur was used to separate the left coronoid process from the ramus. Further separation of the coronoid process from the inner aspect of the zygoma was achieved by means of bur and osteotome. Coronoid process and the fibro-osseous mass were then removed in one piece. A 1.5 cm gap was also created between the left condyle and the glenoid fossa. Contralateral coronoidectomy was done to achieve a mouth opening of 39mm (Fig. 4b). The patient was started on physiotherapy the first day after surgery and was discharged with an interincisal opening of 36 mm after five days. In the first month, the inter incisal opening was stable around 35 mm, but the mouth opening increased to 37 mm at 8 weeks after surgery. The overall histopathological picture of the excised bone was suggestive of hypertrophy of bone.

## Discussion

The most common cause for zygomatico-coronoid ankylosis reported in the literature is Jacob's disease, which is osteochondroma of the coronoid process that leads to the formation of a pseudo joint and sometimes fusion between the zygoma and the coronoid process. History of two previous surgeries of the area, radiographic presence of separate islands of bone between the zygoma and coronoid process and histopathologic examination ruling out osteochondroma leads to heterotopic ossification as the probable cause of ankylosis in our case. Heterotopic ossification (HO) is defined as the process by which trabecular bone forms outside of the skeletal structure, occupying space in soft tissue where it does not normally exist. Fur-

thermore, though the new bone often abuts existing skeletal structure, it does not interfere with the configuration of the periosteum[4].

The heterotopic ossification (HO) of muscles, ligaments and tendons is a potential complication following trauma, elective surgery, neurological injury and severe burns. The etiology of HO can be divided into neurological, genetic and traumatic. Though the etiology has been classified, the exact pathophysiology of HO remains unknown. Prostaglandin activity, specifically PGE-2, as well as hypercalcemia, tissue hypoxia, alterations in sympathetic nerve activity, prolonged immobilization and imbalances between parathyroid hormone activity and calcitonin have all been shown to contribute to HO formation [5]. These factors lead to the improper differentiation of pluripotent mesenchymal stem cells into osteoblastic precursors. HO characterized by inflammation and cell death can result in local alterations in pH and matrix that promote the deposition of calcium in the form of hydroxyapatite crystals. Growth factors such as BMPs stimulate mineralization and bone formation via their effects on osteoblast progenitor cells.

Prophylactic measures to prevent HO includes, NSAIDs, radiotherapy and combination therapy. Methods under investigations include, pulsed electromagnetic fields (PEMF), Noggins and free radical scavengers.

Indomethacin and meloxicam works by inhibiting prostaglandin-mediated (specifically PGE-2) bone remodeling and also by directly inhibiting the differentiation of osteoprogenitor cells [6]. Studies by Cooley and Goss [7] in 1958 and later those by Craven and Urist [8] in 1971 demonstrated the effects of irradiation therapy on bone growth and repair. A dose of 7-15gy is used for the prevention of HO following bone fracture or manipulation secondary to trauma or operative treatment. Combination of NSAIDs and RT has also been used.

It is possible that the overexpression of certain bone morphogenetic proteins (BMPs) may have an influence on the formation of ectopic bone. Current research suggests that local and some forms of systemic delivery of Noggin, an extracellular peptide that binds and antagonizes BMPs is effective in combating formation of heterotopic bone in animal models [9].

Based on the assumption that local hypoxia has a role in the development of HO, a study by Kocia et al[10] has suggested that the use of pulsed electromagnetic fields (PEMF) could prevent HO by increasing the rate of circulation and oxygenation of soft tissue surrounding a traumatic or surgical site.

Oxidative stress occurs when the production of free radicals are created at a faster rate than that at which they are eliminated [4]. Large quantities of free radicals are produced both as a result of the ischemia/reperfusion syndrome and the so-called disuse phenomenon. The ischemia/reperfusion syndrome is a result of isometric muscle contractions (secondary to muscle hypertonia and contractures) effectively occluding the muscle's arterial supply and inducing a state of ischemia. Drawing on the theory of the involvement of hypoxia in the pathophysiology of HO, studies have examined the use of allopurinol and N-acetylcysteine (A/A) as free radical scavengers to prevent ectopic bone formation.

## Conclusion

The uniqueness of our case is that the fusion between coronoid and zygoma is by separate islands of bone which could be a result of heterotopic ossification secondary to surgical trauma of previous surgeries. A literature search did not show any previously reported similar case. Not much consideration is given for HO in maxillofacial region; hence it can easily get ignored. We should keep it as possible outcome of surgical trauma and prophylactic measures should be taken in special circumstances.

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