

Effect of ventricular relaxation performance on blood flow profiles in fontan circulation.

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Abstract

Flow profiles in the pulmonary veins (PVs) and arteries (PAs), Fontan conduit (conduit), and superior vena cava (SVC) were examined using phase-contrast magnetic resonance imaging. The relationship of the ratio of systolic forward flow volume and diastolic forward flow volume (FV-S/D) with ventricular relaxation time constant (τ) was then investigated. According to the flow profiles in the PVs, the forward flow volumes in diastole were dominant over those in systole. The FV-S/D was significantly negatively correlated with τ , not only in the PVs but also in the PAs and conduit. Moreover, τ was positively correlated with pulmonary wedge pressures, while pulmonary wedge pressures were significantly negatively correlated with FV-S/D in the PVs. In contrast, the FV-S/D in the SVC was also negatively correlated with τ , but the correlation coefficient of this relationship was lower than that of the other relationships. Lastly, the FV-S/D in the SVC correlated more significantly with the ejection fraction of the ventricle rather than with τ .

On the basis of our findings, we believe that the flow profiles in the PVs are influenced by the ventricular relaxation performance. Moreover, the ventricular relaxation performance influences the flow profiles in the PAs and conduit, both of which are located upstream of pulmonary circulation. On the contrary, the flow profiles in the SVC seem to be influenced by ventricular contraction rather than ventricular relaxation.

Keywords Pulmonary vein, Cava vena, Magnetic resonance, Ventricular relaxation, Fontan circulation

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Background

The driving force of blood flow in Fontan circulation depends on pressure changes in the thoracic cavity due to respiration and the pump effects of the skeletal muscles, in addition to the systemic ventricular pump effect [1], although the latter is thought to be the chief driving force [2].

The single ventricular pump in Fontan circulation works not only to eject arterial blood into systemic circulation but also to suck the blood from the atrium into the systemic ventricle itself [3,4]. This sucking effect depends on the diastolic performance, especially active relaxation performance in the early diastole of the systemic ventricle. The present study aimed to investigate the relationship between ventricular relaxation performance and the blood flow profiles in the pulmonary veins (PVs) and arteries (PAs) and caval veins.

Patients and Methods

Patients

Consecutive patients with Fontan circulation who underwent magnetic resonance imaging (MRI) studies and cardiac catheterization studies for clinical reasons were analyzed as the Fontan group. The data of these patients were compared with those of patients who underwent repair for tetralogy of Fallot; this was the biventricular group. Patients with significant

fenestration (more than 20% of cardiac output), veno-veno collateral vessels (more than 20% of cardiac output), arterio-pulmonary collateral arteries (more than 25% of cardiac output), and/or significant atrio-ventricular valve regurgitation (more than 20% of regurgitation fraction) were excluded from the Fontan group. Additionally, patients with anomalous systemic venous anatomy with azygous continuation and absence of the inferior vena cava were excluded. In the case of double superior vena cava (SVC), venous flow was measured in the left and right SVCs and the sum was quantified as the SVC flow. Similarly, patients with tricuspid valve regurgitation or pulmonary valve regurgitation wherein the regurgitation fraction exceeded 30%, artificial atrio-ventricular valve, or obscure MRI scans were excluded from the biventricular group. The heart rhythm of all the patients in both groups was sinus rhythm.

Magnetic resonance imaging

Cine MRI was performed using a 1.5-T scanner. A conventional phase-contrast sequence (25 phases) was used in a double oblique plane perpendicular to the dominant flow direction in each targeted vessel using the phase-contrast cine MRI technique. If patients were cooperative, the data were sampled for a period of about 25 s with breath-holding. Data were sampled for a period of about 2–2.5 min to rule out any respiratory effects in case of free breathing. All MRI

examinations were conducted without tracheal intubation or positive-pressure ventilation. Blood flow volume curves were drawn in the right upper and lower and left upper and lower PVs and SVC in both groups and in the left (LPA) and right (RPA) pulmonary arteries and extra-cardiac conduit or intra-atrial lateral tunnel (conduit) in the Fontan group. The peak of the flow volume (ml/s) in the systolic (FV-S) and diastolic phases (FV-D) were measured in each vessel. The mean of FV-S and FV-D in the upper and lower PVs was used as the FV-S and FV-D of the right and left PVs.

Cardiac catheterization data

The ventricular pressure was recorded using the catheter-tipped manometer system with the patient under general anesthesia or local anesthesia and awake. The descent of the ventricular pressure curve was regressed, and ventricular relaxation time constant (logistic tau) [5,6] values were calculated with non-zero asymptote using a custom-made software.

Statistical analysis

Data are described as mean with standard deviation (SD). Samples were compared using Student's t-test, and the relationships between parameters were analyzed using Pearson's correlation analysis. A p value <0.05 was set as the level of statistical significance. Analyses were performed using standard statistical software (SPSS for Windows, version 24; SPSS Inc., IBM Company, Chicago, IL, USA).

Results

Patients

MRI was performed on 41 consecutive patients after Fontan compression. Finally, 33 patients who met the inclusion criteria were enrolled.

Table 1: Patient demographic and hemodynamic data in Fontan and Biventricular groups.

	Fontan group (n=33)	group	Biventricular group (n=7)
Heart anomaly	SV	14	repaired TOF 7
	DORV	6	
	TA	3	
	PA with IVS	3	
	HLHS	3	
	d-TGA	1	
	CCTGA	1	
Type of Fontan	APC	1	
	LT	27	

The data of these patients were compared to those of 7 patients who underwent repair for tetralogy of Fallot who comprised the biventricular group. Demographic and hemodynamic data are shown in Table 1.

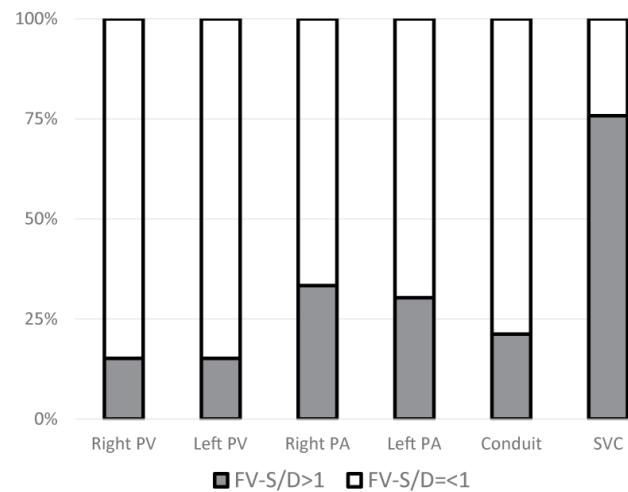


Figure 1: Percentage of patients whose FV-S/D exceeded, was equal to, or was less than 1.0 in each vessel; FV-S/D: the ratio of the flow volume of the S-wave to that of the D-wave.

Blood flow profiles in each vessel

The peaks of flow volume in each vessel are shown in Table 2. In approximately 85% patients, the FV-S to FV-D (FV-S/D) ratio in the right and left PVs was equal to or less than 1.0 (Figure 1).

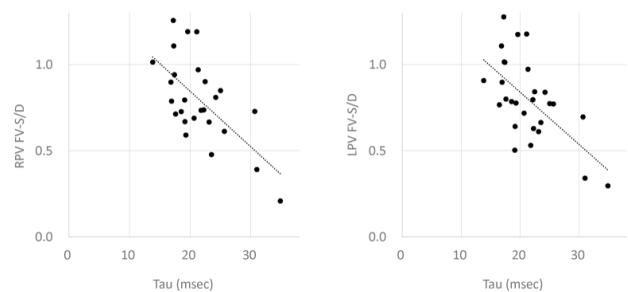


Figure 2: Left panel: Relationship between tau and FV-S/D in the right pulmonary vein (RPV); Right panel: Relationship between tau and FV-S/D in the left pulmonary vein (LPV); FV-S/D: the ratio of the flow volume of the S-wave to that of the D-wave; tau: ventricular relaxation time constant.

As shown in Figure 2, the FV-S/D ratio in the PVs and tau were negatively correlated (right PV: $p<0.001$, $r=-0.65$; left PV: $p<0.001$, $r=-0.58$).

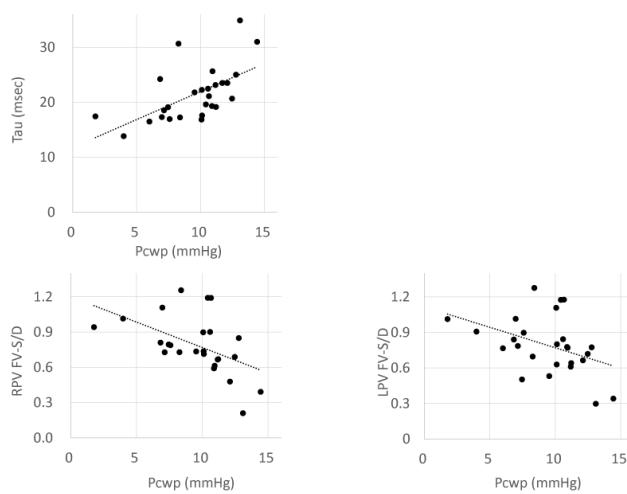


Figure 3: Left upper panel: Relationship between P_{cwp} and tau; Left lower panel: Relationship between P_{cwp} and FV-S/D in the right pulmonary vein (RPV); Right lower panel: Relationship between P_{cwp} and FV-S/D in the left pulmonary vein (LPV); P_{cwp} : Pulmonary capillary wedge pressure; FV-S/D: the ratio of the flow volume of the S-wave to that of the D-wave; tau: ventricular relaxation time constant.

Moreover, as shown in Figure 3, tau and the pulmonary capillary wedge pressure (P_{cwp}) were positively correlated and the P_{cwp} and FV-S/D in the PVs were negatively correlated ($p<0.001$, $r=0.62$ and $p=0.0010$, $r=-0.50$, respectively). Further, in approximately 70% and 80% of the patients, the FV-S/D ratios in the PAs and conduit were equal to or less than 1.0, respectively (Figure 1).

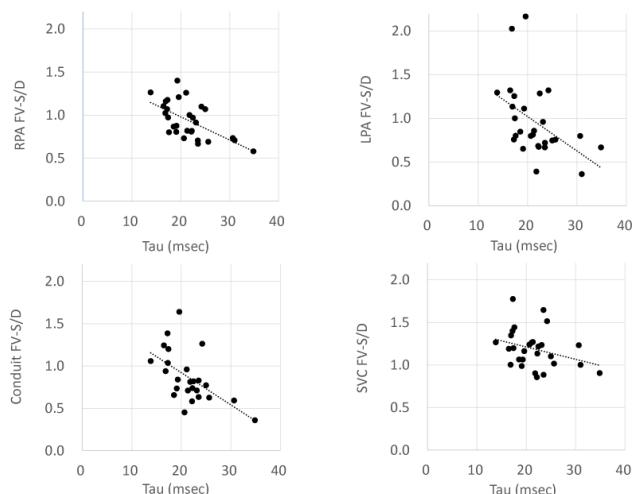


Figure 4: Left upper panel: Relationship between tau and FV-S/D in the right pulmonary artery (RPA); Left lower panel: Relationship between tau and FV-S/D in the left pulmonary artery (LPA); Right upper panel: Relationship between tau and FV-S/D in the intra-/extra-cardiac conduit (conduit); Right lower panel: Relationship between tau and FV-S/D in the superior vena cava (SVC); FV-S/D: the ratio of the flow volume of the S-wave to that of the D-wave; tau: ventricular relaxation time constant.

As shown in Figure 4, FV-S/D in the PAs or conduit and tau were negatively correlated (right PA: $p<0.001$, $r=-0.62$; left PA: $p<0.0013$, $r=-0.49$; conduit: $p<0.001$, $r=-0.57$).

Table 2: MRI and catheterization data of the Fontan and biventricular groups.

		Fontan group	Biventricular group	p
MRI data	Age at MRI (years)	9.0 (4.7)	7.6 (5.0)	0.48
Right PV	S	29.0 (15.6)	27.5 (21.0)	0.91
	D	36.7 (17.5)	36.4 (26.6)	0.99
	S/D	0.83 (0.25)	0.74 (0.034)	0.64
Left PV	S	22.7 (9.89)	23.6 (16.5)	0.87
	D	30.8 (17.2)	50.9 (51.8)	0.084
	S/D	0.81 (0.25)	0.73 (0.76)	0.64
Right PA	S	23.4 (10.6)		
	D	25.9 (13.5)		
	S/D	0.94 (0.20)		
Left PA	S	20.0 (7.99)		
	D	23.1 (10.0)		
	S/D	0.96 (0.39)		
Conduit	S	26.2 (10.8)		
	D	32.5 (16.8)		
	S/D	0.89 (0.29)		
SVC	S	24.4 (13.1)	41.9 (14.9)	0.0049
	D	20.9 (11.9)	46.4 (11.6)	<0.001
	S/D	1.19 (0.22)	0.93 (0.31)	0.02
Catheterization data	Ejection fraction	0.45 (0.08)		
	CVP (mmHg)	10.3 (2.6)	10.4 (3.55)	0.95
	Tau (m)	21.5 (4.7)	19.8 (1.88)	0.42

In contrast to the correlations in the PVs, PAs, and conduit, in approximately 75% of patients, the FV-S/D ratio in the SVC exceeded 1.0 (Figure 1). Moreover, although FV-S/D in the SVC and tau were negatively correlated ($p=0.037$, $r=-0.33$), the correlation coefficient was significantly lower than that for the PVs, PAs, or conduit ($p<0.001$; analysis of covariance).

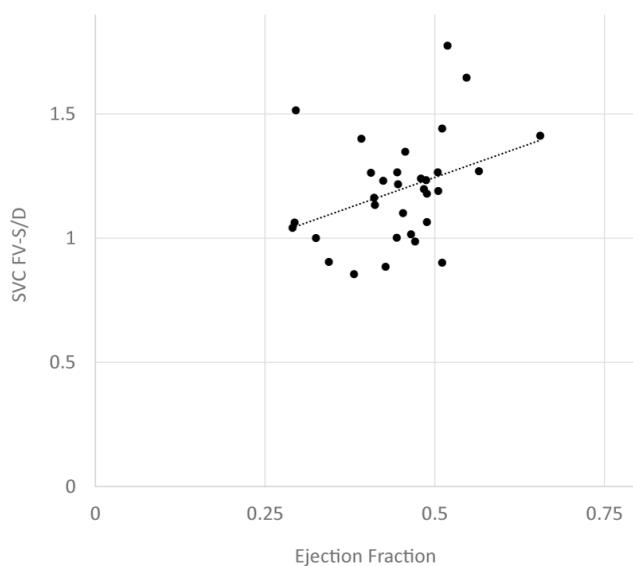


Figure 5: Relationship between the ejection fraction and FV-S/D in the superior vena cava (SVC); FV-S/D: the ratio of the flow volume of the S-wave to that of the D-wave.

Instead, there was a positive correlation between the ejection fraction of the ventricle and FV-S/D in the SVC (Figure 5; $p=0.018$, $r=0.37$).

Discussion

Generally, the blood flow profiles in the PVs consist of two peaks the forward flow and reverse flow during the late diastolic phase (atrial reverse flow). The forward flow can be divided into the systolic forward flow (S-wave) and the diastolic forward flow (D-wave). The S-wave is often observed separately as an S1-wave and S2-wave. The S1-wave reflects the blood flow due to atrial diastole. Shariat et al. showed that the S2-wave reflects the blood flow from the lung due to contraction of the pulmonary ventricle [7], although the origins of the S2-wave were assumed to be varied until their study. The D-wave reflects the blood flow due to ventricular diastole and corresponds to the early diastolic flow (E-wave) in Doppler echocardiography. In Fontan circulation, the forward flow in the PVs consists of only S1-wave and D-wave, and the driving force of blood flow in pulmonary circulation was thought to depend on the ventricular diastolic performance.

On the contrary the driving force of the blood flow in the PAs or caval veins depends on not only the ventricular function but also the pressure changes due to respiration and the pump effect of the skeletal muscles [1]. Generally, elevated central venous pressure is observed in post-Fontan patients and is considered to be the cause of various complications. Therefore, understanding the flow profiles of the PAs and central veins may guide strategies to prevent these complications.

Flow profiles in the PVs

The S-wave in the Fontan group in this study comprised only the S1-wave and lacked the S2-wave, similar to what was found in the study by Shariat et al. [7]. Other studies of normal

biventricular circulation using MRI or Doppler echocardiography reported that the peak flow velocity or peak flow volume of the S-wave is almost equal to or dominant over that of the D-wave [8,9]. In our study, as shown in Table 1 and Figure 1, FV-D tended to be dominant to FV-S in the Fontan group, a finding that agrees with that of previous reports [10].

We found a significant negative correlation between FV-S/D in the PVs and tau (Figure 2). Moreover, FV-S/D in the PVs and Pwp were significantly negatively correlated and Pwp and tau were significantly positively correlated (Figure 3). Reduction of the ventricular sucking effect is considered to induce an increase in atrial pressure, and this along with a reduction in atrial compliance promotes a decrease in FV-S and increase in FV-D. In normal biventricular circulation, an increased D-wave and decreased S/D ratio were observed in the initial stage of diastolic dysfunction, during which the value of tau was prolonged but the atrial pressure was not elevated [11]. In this initial stage of diastolic dysfunction, the blood flow induced by atrial kick (A-wave) is dominant over the early diastolic inflow (E-wave) in the trans-mitral flow (abnormal relaxation pattern). The ventricular inflow in Fontan circulation is reported to relatively shift to the latter portion of diastole with a large atrial contribution, which lowers the E/A ratio as a result [12,13]. Moreover, the isovolumic relaxation time or tau has been reported to be worse in post-Fontan patients than in patients with normal biventricular circulation [13,14]. The findings of the current study showed that the abnormal relaxation (prolonged tau) may directly cause elevation of atrial pressure in post-Fontan patients, although abnormal relaxation is thought to be the initial stage of diastolic dysfunction in patients with normal biventricular circulation. Thus, even minor abnormalities of ventricular relaxation may affect pulmonary and central venous circulation in post-Fontan patients.

Flow profile in the PAs and conduit

In 70–80% of patients, the FV-S/D in the PAs and conduit were equal or to less than 1.0 (Figure 1), and the D-wave was dominant over the S-wave (Table 2). The negative correlation between FV-S/D in the PAs or conduit and tau (Figure 4) implies that the ventricular diastolic sucking effect contributes to the forward flow in the PAs and conduit. A previous study reported that the pulsation in the PAs in Fontan circulation was 56% in the lateral tunnel method and 31–35% in the extracardiac conduit method [15,16]. Parts of the right atrial wall in the lateral tunnel were thought to contribute to the pulsation observed in the lateral tunnel method [16]. This pulsation could not be distinguished from that induced by the downstream sucking effect. However, ventricular relaxation seems to contribute to the blood flow in the PAs or conduit, because a negative correlation was observed between FV-S/D in the PAs or conduit and tau.

Flow profile in the SVC

The flow profile in the SVC differed considerably from that in the PVs, PAs, or conduit: in approximately 75% patients, the FV-S/D in the SVC exceeded 1.0 (Figure 1), and the negative

correlation coefficient between FV-S/D in the SVC and tau was lower than that for the other vessels. These findings imply that the blood flow in the SVC is influenced by other factors in addition to ventricular relaxation. We thought one of these other factors might be the pushing effect of ventricular contraction. This is because we observed a positive correlation between the ejection fraction of the ventricle and FV-S/D in the SVC (Figure 5). The distribution volume in the lower half of the body is considered to be larger than that in the upper half of the body [4,17]. Therefore, the peripheral vascular bed in the lower half of the body serves as a reservoir, and the blood flow in the conduit from the lower half of the body is affected more by the sucking rather than the pushing effect of the ventricle. On the contrary, the peripheral vascular bed in the upper half of the body has much lower compliance, so the blood flow in the SVC from the upper half of the body is affected by the pushing effect rather than the sucking effect of the ventricle.

Limitations

A previous study reported that the driving force of blood flow in Fontan circulation depends not only on the ventricular pump effect but also the pressure change in the thoracic cavity due to respiration [18]. The effects of respiration were not considered in this study. However, the flow profile in the SVC was different from that in the other vessels despite all of them being in the same thoracic cavity. Therefore, we believe these differences in flow profiles indicate other effects than respiration.

Conclusion

Diastolic flow is prominent in the PV flow profile in post-Fontan patients. The flow profile in the PVs was found to be influenced by the ventricular relaxation performance. Moreover, the ventricular relaxation performance influenced the flow profile in the PAs and intra-/extra-cardiac conduit, located upstream of pulmonary circulation. However, the flow profile in the SVC seemed to be influenced by ventricular contractility rather than ventricular relaxation.

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