

## 6<sup>th</sup> Global Summit on Dermatology and Cosmetology

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## Worrisome concerns of patients after undergoing chemical peels for the first time and adverse effects of chemical peels visualized through clinical pictures

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**Introduction**: Chemical peel is a cutaneous resurfacing procedure that is a popular treatment option for scarring, pigmentary disorders, inflammatory dermatoses, fine lines, wrinkles and photoaging. In this abstract, we aim to highlight the concerns of our patients after their first chemical peel treatment. We also aim to highlight the side effects that may happen after a chemical peel.

**Concerns:** 1. Frosting is a common worrisome concern of the patients undergoing chemical peel for the first time. We aim to show picture highlighting this concern. 2. Formation of dark discolored scab formation is another concern. 3. Skin exfoliation is another concern- we aim

to highlight this phenomena in different patients with different levels of exfoliation.

Adverse Effects: Post inflammatory hyperpigmentation is a common problem experienced after a chemical peel. We aim to show before and after pictures to highlight this problem. Scarring may occur after a chemical peel due to pulling on the skin after a chemical peel. We want to emphasize the importance of using antiretroviral treatment before chemical peel to reduce emergence of herpes.

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