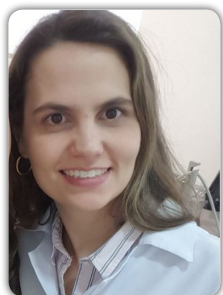


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Minas Gerais' Military Hospital, Brazil

When acne is not only acne vulgarism: Different types of acne

Acne excoriee occurs predominantly in females, who remove even the smallest lesions on the skin. Appropriate psychological support may help. Steroids, halogens, anti-epileptic drugs, antituberculous drugs and others may produce acneiform eruptions, which are usually monomorphic. The causative drug should be stopped if possible. Appropriate acne therapy is often successful. The term endocrine acne should be reserved for cases of acne associated with Cushing's disease, late-onset congenital adrenogenital syndrome and polycystic ovarian syndrome. In those cases, treatment should focus the endocrinological problem. Cosmetic acne usually occurs in the perioral area of adult females who have used cosmetics for a long time. Patients should be warned to switch to a non-comedogenic cosmetic and treated with topical retinoids or benzoyl peroxide. Dissecting folliculitis and hidradenitis suppurativa share with acne the follicular occlusion triad and subsequent granulomatous response. A chronically

progressive inflammatory disease of the scalp in the first case and a persistent disease that affects the axillae, breasts, genital and perianal areas and buttocks in the latter are seen. Many different treatments have been tried, such as topical and oral antibiotics, oral isotretinoin, topical, intralesional and systemic steroids, and surgical excision. Acne with solar comedones (Favre-Racouchot syndrome), is characterized by multiple comedones on a sun-damaged skin, usually symmetrically affecting the periorbital areas and the cheeks. The lesions are removed with a comedone expressor, and a topical retinoid to suppress the formation future comedones may help.

Speaker Biography

Renata Indelicato Zac is a Brazilian Dermatologist and has her expertise in clinical and cosmetic dermatology and is pursuing her Master's degree in Health Science. She is the Director of Clinica Attento, Belo Horizonte, MG, Brazil, and Mentor in dermatology training at Minas Gerais' Military Hospital.

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