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Understanding acne - The use of technology powered by AI in diagnosing and treating acne patients

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Acne is one of the most common skin diseases affecting majority of the people specially teenagers. The first visible signs of acne normally starts at adolescence due to hormonal changes. Severity of acne increases primarily due to lifestyle, cleanliness and diet. In Many people with acne, the skin disease affects more than their appearance. In certain severe cases, it mounts to pronounced skin deformity. Acne can take a toll on one's emotional health. People with acne can also develop:

- Depression
- Anxiety
- Lowself-esteem

The disease invariably diminishes over a period of time but if not handled in initial stages can develop scars which can last a life time needless to say it adds to emotional trauma. Effective approach towards the treatment of acne primarily rests on Early diagnosis & treatment with Continue

maintenance of their skin to prevent breakouts & also with some basic lifestyle corrections which may include cleanliness & diet. Aesthetic acne conditions are non-threatening & hence can be consulted virtually assisted with breakthrough technology in combination with AI for enhanced accuracy and comprehensive diagnosis and treatment plans.

Speaker Biography

Charu Sharma is an experienced physician specialising in dermatology with a demonstrated history of working in the hospital & health care (beauty & wellness) industry. Skilled in advance aesthetic & dermatology procedures, personalised treatments, medical education medical devices, medicine and cosmetic skin care & clinical research. Accomplished Chief of Dermatology with more than 15 years of experience in hospital academics, clinical settings, health technology and administrative duties. Skilled at scheduling, project coordination and strategic planning. Focused on building patient relations and strategic partnerships.

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