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Transdermal clonidine in patients with swallowing dysfunction

Patients with swallowing dysfunction are usually very ill and have a constellation of challenging issues requiring palliation. Accumulation of oropharyngeal secretions leads to a substantial effort of medical teams including doctors, nurses, respiratory therapists, and ancillary staff. We present 10 patients successfully treated with application of transdermal clonidine film. It was well tolerated, provided quick control of secretions, and reduced staff labor. We suggest that transdermal clonidine can be used as antisialagogue in patients with swallowing dysfunction. Clonidine pharmacology is physiologic grounds for this clinical application.

Speaker Biography

Gregory Goldenberg born in 1955 at Moldova. Graduated from Chisinau Medical Institute in 1978 with Diploma cum Lauda, worked as a physician in Internal Medicine and Cardiology from 1978 to 1986. He worked as Chief of Internal Medicine and Cardiology from 1986 to 1992. Received PhD in Cardiology from Kiev Institute of Cardiology (Ukraine) in 1991: "Diastolic function of the heart in patients with arterial hypertension treated with prazosin and nifedipine." Immigrated into the USA in 1992. Residency in Internal Medicine in Flushing Hospital Medical Center (Queens, NY) from 1994 to 1997. Chief Medical Resident in 1996-1997. Fellowship in Geriatric Medicine in Long Island Jewish Hospital (Long Island, NY) in 1997-1998. Attending Physician in Geriatric Medicine and Internal Medicine in New York Methodist Hospital (Brooklyn, NY) from 1998 to 2016. Private practice in Brooklyn, NY since 2016. Fellow of American College of Physicians, Assistant Professor in Clinical Medicine. Peer reviews for American Journal of Medicine. Publications in peer reviewed journals, presentations on scientific meetings.

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