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Simon Allen, J Phys Ther Sports Med 2017

## Thermobalancing therapy® and Dr Allen's devices are an excellent physiotherapy tool for treating chronic conditions that cause pain and other troubling symptoms

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hermobalancing therapy and Dr Allen's Devices provide a side effects free treatment for common chronic internal disorders, such as back pain, chronic prostatitis/chronic pelvic pain syndrome (CPPS), benign prostatic hyperplasia (BPH) and kidney stones. The therapy and Dr Allen's Device received a US patent, as "Therapeutic device and method". Thermobalancing therapy is based on a new understanding of the origin of diseases that states that all chronic internal diseases have the same root, the pathological activity of capillaries. As a result of changes in small blood vessels, the focus of hypothermia becomes a continuous trigger in the affected tissue, which slowly increases the pressure in the affected organ that gradually leads to its malfunction. Dr Allen's Device applies thermoelement(s), which accumulates

the body heat and becomes the source of energy itself, tightly to the skin in the projection of the affected area eliminating the focus of hypothermia and, consequently, pain and other troubling symptoms. Two clinical trials on thermobalancing therapy in men with BPH and chronic prostatitis confirmed its effectiveness. After 6 months of use of DATD: in men with BPH, there was a decrease in the prostate volume (mL) from 45.1 to 31.8 and urinary symptoms score from 14.3 to 4.7; in men with chronic prostatitis, pain reduction ranges from 10.3 to 3.5, and prostate volume (mL) from 31.7 to 27.0. There were no changes in the control groups.

## **Biography**

Simon Allen has obtained his PhD in Medicine in 1978. For over 14 years, he has worked at and subsequently headed a hospital's Cardio-Vascular department, and treated patients with renal diseases. He had authored many scientific articles on metabolic disorders, including those linked to obesity, kidneys, arthritis, cardio-vascular and gastroenterological diseases. He has lectured Medical Doctors pursuing higher medical qualifications. He then devoted nearly two decades to further medical research into various chronic internal diseases. He has established Fine Treatment, UK, is the Author of The Origin of Diseases Theory and the inventor of effective physiotherapeutic devices which enable the Thermo balancing therapy.

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