

The program of Masyarakat Sehat in Indonesia: The patient perspectives

Ramadhan Tosepu

University of Halu Oleo, Indonesia

Background: “Masyarakat Sehat” is the program provided by the public health centres of Wawatobi to improve the health of society. This program is initiated and implemented to reduce the sitting time during waiting for the treatment. The health education such as counselling program takes a part in this program for 15 to 20 minutes. However, the effectiveness of this program is still unknown. Therefore, the evaluation of this program is needed.

Aims: The aim of this study was to explore the perspective of patients and families towards the program of “Masyarakat Sehat” at Public Health Centers of Wawatobi.

Methods: This was a study using descriptive qualitative approach by involving 23 participants through accidental sampling. Data were collected using semi-structured interview with interview guideline. Data were analysed using thematic analysis model.

Results: Findings emerged from the data, which were categorized into two themes, positive and negative. Positive parts remain the benefits of the program, including the increasing of knowledge, and reducing waiting time. Meanwhile, the negative parts consist of the lack of equipment and crowded environment during presentation.

Conclusions: This study provided the insight of knowledge regarding the evaluation of the program consisting of positive and negative parts. However, the society got the knowledge related to the disease and the prevention. It is suggested that health workers need to pay attention to effectiveness of the presentation, in terms of equipment and environment control. The author remarks “health promotion and prevention could be applied through this program”. Therefore, the organization of public health should implement this program continuously.

e: owa1@miami.edu