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The management of functional constipation


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Functional constipation management: Functional constipation is a very common disease among the healthy population and is a cause of serious social discomfort in young and working-age patients. In older people and in defeated patients, it can be cause and contributory cause of aggravation of existing pathologies. For these reasons, this pathology is an important source of expenditure for the National Health Service and also for the nation and the economy, given the absences of work. The problem, often limited to situations that can be handled in outpatient care, sometimes takes on important dimensions, requiring hospitalization and, in

particularly severe cases, the need for surgical intervention. In my presentation, I try to highlight the importance of targeted diagnostics before proceeding with a therapeutic intervention. I focus attention on the differential diagnosis between functional constipation and irritable bowel syndrome with prevalent constipation, because this can change the pathology management. I also point out the importance of dividing the disease into subclasses, because this also radically affects the therapeutic approach.

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