

The importance of multiple intelligence, emphasizing Constructive Emotional Intelligence (CEI) in the healthcare environment

Olessia Gorkovenko

UNISA, South Africa

In this presentation, the aim is to identify the criteria to predict motivational and personality properties of individuals with their surrounding environment, based on specific characteristics of each person and to describe their workplace environment based on Multiple Intelligence, emphasizing constructive emotions and spirituality. This approach will create a more positive communication pattern and “effective healthcare environment”, increasing multiple regulations and resiliencies. In a good-workplace employers are helped to respond to each other and thereby meet each other’s psychological work-related needs. Multiple Intelligence and specifically constructive emotional aspect at the workplace is therefore effective not only in healing employers’ connections but is also therapeutic for the individual’s psychopathology including self-growth. When it comes to describing the variety of the reasons why people work, it can be illustrated as in the pyramid of Maslow (1960), shelter and food, clothing and transportation, socialization and need for love, money and need for self-actualization. For the social psychologist and the psychologists of religion, the previous description will not be accurate or enough. Instead, we need to know what social and mental factors regulate why people are going to work, solve or unsolve their work-related problems, improve their healthcare environment so as their identity and maintain it. I believe that knowledge about these things can help us to create a healthier, more productive work environment, can provide the psychological module for the improvement of work performance and to reduce conflicts, stress

and fear, dissatisfactions or unhappiness of the work choices. Believing in what you are doing and the emotional feeling of happiness is paramount in achieving a better working environment. Workers are more likely to pursue transcendent goals, cultivate trust, become a team player, create a healthier atmosphere, greater commitment to the employer and the goals, and a better healthcare environment. In order to build the argument for this idea and the rationale for what can be called a healthy work- environment we need to encourage meaningful aspect of the Multiple intelligence, emphasizing constructive emotions and spirituality at work, which can emphasize norms, values and expectations associated with the benevolent and principled ethical climates of the learning organization which goes beyond merely making profits. By encouraging values, norms that support caring for each other and the organization and for the country and for the planet such higher-order goals often reflect the spiritual values of the contribution to the society and make employers feel that their work has a higher meaning.

Speaker Biography

Olessia Gorkovenko is currently a Ph.D. (Psych) student at UNISA in South Africa. She is an associate at the Well Lab and runs a center “Pilatelicious” in Johannesburg. She has wrote a book “Spiritually Evolved” and published papers in reputed journals and has been serving as an editorial board member of Journal. She has a passion for teaching and coaching and is extremely meticulous in achieving the best results. She operates on the fundamentals of positive psychology approaches that focus on performance improvements as a result of holistic development. Olessia is a firm believer of best practices. She is always willing to share knowledge and collaboration between stakeholders in order to reach a common goal.

e: olessia@pilatelicious.co.za