

# 12<sup>th</sup> World Cancer Congress

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### **Sexual life of Cancer and Palliative women**

During and after receiving treatment for cancer and palliative care treatments women of all ages, with early and advanced diseases or no more treatment for the diseases, will have concerns and questions about sexuality and sexual activity (even most of women in many culture fell shy to ask or talk about sexual issues). Cancer can affect sexuality either direct by affecting sexual organs or indirect by affecting psychological health, disturbing moods.

It is common for some women with different types of cancer to struggle with their body image, some of them have less desire for sexual intimacy, and/or find that penetration during sexual activity has become painful. The worth things that many health care providers do not ask patients about this normal and important aspect of health, on the other side patients should not hesitate to discuss their feelings or ask questions about the impact of cancer treatments on their sexual health. Providers should proactively discuss sexual health with their patients or

consider consultation with a sexual health provider. Clinicians should be encouraged to address these issues early on in the treatment pathway and to encourage patients to discuss them. Although there is no one therapeutic strategy for sexual concerns for female cancer survivors, clinicians should be aware of the multiple modalities present, particularly as they pertain to pharmaceuticals, vaginal moisturizers, and vaginal lubricants. This presentation attempts to answer common questions that arise.

#### **Speaker Biography**

Hasan Mohammad Alkhudairi is currently working at King Saud university. Consultant of palliative medicine at King Fahd specialist and King Saud medical city, consultant of obstetrics and gynecology at maternity hospital King Saud medical city, run a clinic women's pain dealing with women's sexual problems at maternity hospital King Saud medical city joined Oncology Center at King Saud University as a consultant of palliative medicine. His Professional Affiliations & Memberships includes member of International Association for Hospice & Palliative Care, member of Arab palliative care association, member of The European Society for Sexual Medicine (ESSM), member of ISSWSH.

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