

Service evaluation of dietitian led community Gastroenterology services

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This service evaluation summarises outcome data from 97 patients seen within the service between June 2014 and October 2015. Data collection was completed post-intervention using outcome measures from patient records at the point of discharge. Data collection focuses on symptom improvement, pharmacological changes, and qualitative data, with a focus on quality of life and patient experience. Results demonstrate the intervention improved Stool Frequency (n87/97) and Consistency (n88/97) in 96%, and 90% saw a global symptom improvement of >50%. 100% (n26/26) taking medication at the start of intervention had stopped, or reduced medication on discharge. Analysis identified a cost saving of 72.8%. Qualitative data identified themes demonstrating a highly positive impact on quality of life. Pilot results led to continuation of Dietetic Led

community Gastroenterology Services. The department works towards securing further funding to increase capacity of this service.

Speaker Biography

Chloe Adams Mnutr graduated with a Master of Nutrition (Honours) from The University of Nottingham in 2010. She is registered with the Health and Care Professions Council and is a member of the British Dietetic Association (BDA). In 2012 she went on to gain accredited training in The Low FODMAP Diet, and proposed a dietitian led community gastroenterology service in 2013, one of the first in the UK. She has now worked for BCHC 8 years, and also volunteers for the BDA as Coeliac clinical lead for the gastroenterology specialist group. She has won 2 BCHC values in practice awards for Quality and Caring categories in 2015, and 2017 respectively. In 2018 she won NHS England's Chief Allied Health Professional Officer Award in Leadership for being an "Allied Health Professional in Action" initiating a dietitian led Community Gastroenterology Service in Birmingham

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