

DENTISTRY AND DENTAL MATERIALS

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BIOGRAPHY

Shivanjali Grover is MDS in Public Health Dentistry from Babu Banarasi Das College of Dental Sciences, Lucknow and a graduate from Subharti Dental College and Hospital, Meerut. She has done more than 200 outreach programmes to promote oral health. She has also served in projects of Lifeline Express "The first hospital on train" in world that was started in India by Impact India Foundation. She has various publications to her credit. She has also won awards in National and International Platforms. She is a Life Member of Indian Association of Public Health Dentistry.

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RURAL ORAL HEALTH: CHALLENGES AND PIT FALLS-TIME TO RECOVER AND REBUILD THE PATHWAY

Oral Health is one of the major indicators of life that is affecting quality of life. Population residing in urban areas are benefited but population living in rural areas face issues. As health professionals it gets a challenging to motivate and educate the population regarding maintenance of oral hygiene as it is a major part of general hygiene as well. Lifestyle, literacy rate, socio-economic status and also commuting are some factors that make oral health promotion a challenge. But building a pathway towards healthy oral health is important as common oral health diseases like dental caries, periodontal diseases, oral cancer and dental fluorosis play major role is affecting quality of life. Meerut, a city of Uttar Pradesh, India, is a city located in the western part of the state. The city is neighbouring to the capital of India, but the major population is semi-urban and rural. Promoting oral health is a challenge in this field as myths and quacks still ruin the population in name of oral health. The present presentation aims to highlights the challenges author face and the pathway they have developed to serve the population and promote oral health in the district of Meerut.



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