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ROLE OF SPORTS PHYSIOTHERAPIST IN DIABETIC PATIENTS

Rakesh Wadhwa

Guru Nanak Dev University, India

In the past 20 years, the significance of diabetes has accelerated dramatically in many elements of the arena and the disorder is now an international community fitness trouble. Diabetes mellitus is related to numerous systemic complications that affect the retina, heart, mind, kidneys and nerves. Peculiar/decreased sensation dwindled reflexes, decreased proprioception and decreased muscle strength in lower limbs results in stability and purposeful issues in patients with diabetic peripheral neuropathy. Evidence strongly supports that physiotherapists play a significant role within the prevention, remedy and management of diabetes mellitus and its related headaches. Physiotherapy management techniques and rehabilitation interventions, including exercising prescription and education will help to facilitate affected person participation in applications that improve and keep physical nicely-being which has a substantial impact on their sports of each day dwelling and health-related first-rate of lifestyles (HRQOL).

BIOGRAPHY

Rakesh Wadhwa from India running his own Wadhwa Physiotherapy Clinic in Punjab India . He has completed his Master in Physiotherapy with specialization in sports Injury & Rehabilitation . He has been a renowned speaker in many National and International Conferences. He also worked as a Sports Physiotherapist in 33rd National Games, Guwahati , India in 2007 . He Has been a founder member of a Indian Association of Physiotherapy . He also attended CME Programme on sports Psychology and doping. He has about 2 National and 1 international Publications under his name. He has given his on field services in events life Marathons, Football, Cricket, Kabaddi ,Tennis Matches etc. He has been awarded with various academic and clinical awards. He also has huge clinical expertise in manual therapy, bio mechanical analysis and sports injury Rehabilitation.

drakeshwadhwa6@gmail.com