

Psychiatry and Psychotherapie

November 10, 2022 | Webinar

Attempted altruistic infanticide in a context of psychotic decompensation induced by stress psychotic decompensation induced by psychotic decompensation induced by stress

The mediatization of the COVID-19 pandemic has created a lot of stress leading sometimes to mental health issues. We present a case of a thirty-year-old woman with no history of psychotic disease but some vulnerabilities and no criminal record, who attempted to kill her seven-year-old son during a brief delusional episode in the context of fear of the coronavirus. She was successfully treated by pharmacotherapy and psychotherapy. She was examined by forensic psychiatrists leading to the conclusion that her responsibility was highly diminished, and her reoffending risk was low. We add to the literature that the COVID-19 pandemic has been such a stressor for mentally vulnerable people that it could lead to severe psychiatric decompensation and even criminal acts.

Biography:

Camille Jantzi and Alexandre Perrin contributed equally to the initial expertise. Alexandre Perrin did the bibliography research and Camille Jantzi wrote the article The patient presented with an acute psychotic disorder in a stressful context. Nevertheless, the COVID-19 pandemic is a stressful situation for many people but not everyone will suffer from a psychotic decompensation. According to the stress-vulnerability model of Zubin and Spring [9], people suffering from mental illnesses would present different kind of vulnerabilities, innate or acquired (genetic, environmental, traumatic, etc.) and with various intensities

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Mental health apps: A closer look

Abstract:

Statement of the Problem:

The burden of mental illness and problem behaviors in adolescence has risen worldwide. While less than 50% of teens have access to traditional mental health care, more than 73% have smartphones. Internet-based interventions offer advantages such as costeffectiveness, availability and flexibility. Methodology & Theoretical Orientation: A literature review was done using a PubMed search with the words mental health app yielding 2113 results. 103 articles that met inclusion criteria were reviewed and findings were then described and synthesized. Findings: 1. Computer-based CBT was found to be effective for OCD, depression, social phobia and panic disorder. 2. Web-based psychoeducation reduced problem behavior and improved parental well-being, 3. There is limited evidence for mobile-phone based apps, but preliminary results suggest computer-based interventions are transferrable to mobile apps. 4. Adherence to appbased treatment was correlated with impressions about the user interface Conclusion & Significance: There is evidence for the effectiveness of computer-based programs to fill the significant gaps that currently exist in mental health delivery in the United States and internationally. There is also for potential and theoretical validity for mobile-based apps to do the same, though more data is needed.

Biography:

Billy Zou, MD is an attending psychiatrist at Boston Children's Hospital and Instructor in Psychiatry at Harvard Medical School. He has presented previously at national conferences on issues of mental health technology and has given a symposium at the Children's Mental Health Network Annual Research and Policy Conference on mental health applications. As an inpatient psychiatrist who performs screening services and emergency room coverage, he sees first-hand the nationwide crisis in mental health among children and adolescents and the need for solutions to reduce the burden of illness.



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The effect of oral health education on depressed women with halitosis

Introduction:

The problems of oral health of depressed women are not adequately recognized, either in developing countries. Depression disorder is more than just of feeling sadness, as it includes insomnia, weak concentration, and lost interest in everyday activities that could diminish concern for a one's general and oral health. According to signs and symptoms of depression, most of the depressed people eating more than most people would eat and lack of control over eating and eating large amount of food when they were not hungry physically (when having depressed mood and when feeling alone) that effect on their lifestyle and decrease quality of life of them. They eating unhealthy foods, exercising irregularly or not at all, drinking more alcohol and smoking, didn't attention to their health. Depression can lead to other diseases such as obesity, metabolic disorder, coronary artery disease and oral disease in depressed patients. Depression often causes a decreased flow of saliva, which causes dry mouth that can turn into halitosis. Alcohol consumption, smoking and poor oral hygiene are strong causes of halitosis. The bad oral hygiene in people with depression is linked with the fact that dental fear is more common in this group. There are many studies showing that the level of oral hygiene is insufficient among people with depression, who thus have a higher rate of dental cavities compared to a general population. The inflammation of the gums caused by accumulated dental plaque can lead to problems like halitosis, periodontal disease development and eventually tooth loss.

Biography:

Hamideh Jahangiri wrote more than 105 scientific books in the field of psychology for medicine and healthcare. Hamideh Jahangiri's most popular book is Depression and Coronary Artery Disease. She has her expertise in evaluation and passion in improving the health and wellbeing for persons with psychological disorders. Her researches focus on the effect of psychological disorders such as depression on people's life and bodies that led to medical illness. Depression, especially in midlife or older adults, can cooccur with other serious medical illnesses, such as heart attack(40%-65%), coronary artery disease (without heart attack) (18%-20%), Parkinson's disease(40%), multiple sclerosis(40%), stroke(10%-27%), cancer(25%) and diabetes(25%). Her researches creates new pathways for improving healthcare and wellbeing after years of experience

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Overdose education and naloxone dispensing program (OEND)

He is working with an NGO "Amrit Drug Deaddiction and Research Foundation" . He has 12 years experience in drug de addiction field with more than 1500 patients .

- 1. Membership He is a member of various national and international Institutuions which are working on drug deaddiction namely $\,$ ASAM , NAADAC , ISAM , IPS , IMA , ISA , ISCCM , ISSM ,
- 2. Exam passed In addition to a MBBS and MD degree , he is certified by ISAM (International Society of Addiction Medicine) in substance use disorders scoring 82% marks . ISAM is funded by World Health Organization and NIDA .
- 3. Works He has attended many national and international conferences (Netherlands ,Germany , Australia , Spain , Malaysia , Thailand) and has presented his research works on deaddiction . Recently he presented his work in WPA conference held at Madrid(Spain) and IPS conference at Hyderabad .

He is a reviewer of Buprenorphine website "Buppractice" which has trained more than 3000 doctors and which is funded entirely by SAMHSA (American Govt).

4. Awards - He has won 3000 US Dollars fellowship award at ISAM 2013 conference held at Kuala lumpur where more than 1000 doctors from 100 countries of the world had participated .

In year 2014 he has been nominated for "Voice" awards of American Govt.

- 5. Publications He has written two story books on drug addiction . These books for which he has copy right are considered reference books in Punjabi on deaddiction . More than 30000 copies of his first book (sixth edition) and more than 7000 copies of his second book (third edition) have been distributed so far . Based on these stories a large number of award winning plays have been dramatized
- 6. A film against drug addiction "COME BACK JEETU" has been written and produced by him which is based on one of the stories of his first book. This film is being screened at many international film festivals.
- 7. Recently he has developed an interactive software "SANTAM" helping patients as well as physicians in diagnosis and treatment of Substance Use Disorder . This software is available for free download.

Biography:

Dr Jaswinder Singh Gandhi (MBBS, MD) In addition his articles and stories are being published regularly in various leading newspapers, magazines and International Journals of repute. He is appearing regularly on Television and Radio shows for live interactive talk against drug addiction.

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Power, the underlying psychosocial factor in sexual trauma.

Background:

The reports on the adverse impact of sexual trauma on mental health are known to the medical community. In recent years we have encountered a significant increase in the reported cases of sexual trauma. In workplaces where power hierarchy is an essence for the organization, like the military, there has been a tsunami of reports on sexual trauma. Empathy plays a defining role in human relationships and development. An article recently written in connection with MeToo" movement discussed how gaining power in men correlates with the reduction in empathy. In this study, the association between power and sexual trauma was explored. We studied the prevalence of sexual assault caused by a higher rank serviceman among our women veterans' population. A retrospective chart review was conducted in Women Mental Health Clinic over 11 months period. A total of 117 charts were reviewed from 03/2019 to 02/2020. The information of 42 patients with sexual trauma were analyzed and various statistical parameters were calculated.

Biography:

Dr. Maryam Hazeghazam MD PhD is an attending psychiatrist at the women health clinic at Jesse Brown VA medical Center in Chicago.

She received her PhD in Biochemistry from Kansas State University in 1993. She completed her MD from Medical University of Americas and residency in adult Psychiatry at Maricopa Medical Center (Valley wise) in Phoenix AZ. She worked as the chief psychiatrist at the inpatient medical-psychiatry unit of Maricopa MC in Phoenix AZ before joining Jesse Brown VA Medical center (JBVAMC), Chicago in 2018. She is currently working as an attending psychiatrist at the women health clinic of JBVAMC.

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