

# Palliative Care & Clinical Trials and Pharmacovigilance

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## Psychological counseling curriculum in palliative care

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In Romania, the first psychological counseling curriculum in palliative care was developed on the basis of an innovative project developed internationally within the European Palliative Care Academy (E.U.P.C.A.). The medical knowledge of the staff can be significantly improved with psychological skills working with patients receiving palliative care.

**Objective:** Obtain a psychological counseling curriculum in palliative care adapted to the needs of Romanian specialists between 2015 and 2017, based on the EUPCA studies in Germany. Great Britain. Poland. Switzerland and Romania.

This project was developed in collaboration with psychologists from the Institute for Trauma Study and Treatment (I.S.T.T.) in Bucharest. Romania.

**Methods:** Quantitative and qualitative methodological research was used to draw up a psychological counseling curriculum in palliative care.

In the first stage, a study was carried out with the support of the Palliative Care Associations of 7 countries on the existence of a psychological counseling curriculum in palliative care.

The members of the EUPCA leadership, but also the teachers, provided me relevant materials for this project, checked every stage of the curriculum, offered counseling, supervision and specialized guidance.

in the second stage the materials received were analyzed by 7 members of the project team and data were selected for writing the curriculum.

1 have organized focus group meetings with palliative care specialists from the center: Doctors, nurses, social worker, priest and psychologist who identify the needs of palliative care staff.

**Result:** In 2017, the first psychological counseling curriculum for palliative care in Romania was published. The curriculum was developed with the expertise of EUPCA and in collaboration with ISTT specialists in Romania and is an innovative project for psychologists in palliative care.

### Speaker Biography

Caruntu Adriana started to work as a Manager in the first centre for palliative care from Bucharest. She worked as deputy manager at Healthcare House within Pasarea Monastery – Arhiepiscopia Bucureștilor in 2002 – 2006. After 5 years, she obtained funding from Embassy of Switzerland for construction of the new centre in District 2, Bucharest with 28 beds and modern medical equipment. She is also a member of the European Association for Palliative Care (EAPC), Belgium, International Association for Hospice & Palliative Care (IAHPC), USA, Palliative Care Research Society, United Kingdom and Association of Palliative Care Social Workers (APCSW), United Kingdom.

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