

26th International Conference on
Diabetes and Endocrinology

&

16th International Conference on
Nutrition and Health

Nov 22-23, 2018 | Paris, France

Providing culturally sensitive diabetes education & care for the LGBTQ community

Theresa Garnero

UCSF School of Nursing, USA

Learn why sexual minority status is an invisible diabetes disparity and what you can do to about it in your practice.

Objectives:

- Define the lesbian, gay, bisexual, transgender, queer or questioning (LGBTQ) sexual minority and related terms
- Describe unique LGBT risk factors for diabetes and prevalence assumptions (no “Q” here due to lack of data)
- Assess how your clinical practice demonstrates cultural sensitivity to this high-risk population
- Gain insights from 2 couples who share their diabetes story

Speaker Biography

Theresa Garnero, APRN, BC-ADM, MSN, CDE is an award-winning diabetes nurse educator and thought leader who understands diabetes from several perspectives. She trailblazed several innovations in the field of diabetes from using therapeutic humor to facilitate self-care behaviors, to creating a community-based dance program to prevent and manage diabetes, to discovering the impact of diabetes within the sexual minority group and providing cultural sensitivity training for diabetes professionals for this underserved population, and to designing technology to better meet the needs of people with diabetes. She is a prolific writer and cartoonist. Garnero was awarded the national Diabetes Educator of the Year by the American Association of Diabetes Educators (2004) and the international “Inspired by Diabetes” award (2008). She reviews manuscripts for diabetes-related science journals, including The Diabetes Educator and The Diabetes Spectrum. Her latest efforts are aimed at preventing diabetes by founding the soon to launch Sweet People Club. She is most proud of being the curriculum designer for UCSF’s online diabetes certificate CME program.

e: Theresa.Garnero@ucsf.edu



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