

7th Global Summit on

Dermatology and Cosmetology

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Probiotics: An emerging therapeutic option in dermatology. The example of acne

During the last years, numerous studies have described the presence of significant gut and skin dysbiosis in some dermatological diseases. How the skin and the gut microbiome play a role in those skin conditions is something to explore, which will shed light on understanding the origin and implication of the microbiota in their pathophysiology. Several studies provide evidence for the influence of probiotic treatments that target the modulation of the skin and intestinal microbiota in those disorders and a positive influence of orally administered probiotics on the course of these dermatosis. The pathologies in which the therapeutic role of the probiotic has been explored are mainly atopic dermatitis, psoriasis and acne. During the presentation the main clinical studies carried out by the research group led by

the speaker will be reviewed and the most relevant conclusions on the role of probiotics in these skin diseases and the modulator effect on the intestinal microbiota will be discussed.

Speaker Biography

He is a director of the microbiome chair at Catholic University of Murcia (UCAM) Spain and Head of the MiBioPath research group. FISABIO, Valencia & UCAM, Murcia. and Spain head of department of infectious Diseases. University Hospital Vinalopó, Elche. Spain also a founder and CEO of the Biotech company Bioithas Alicante university science park. Spain and he published author of more than 100 articles and book chapters related to infectious diseases and the human microbiota and also Member of the scientific committee of journals within the field of infectiology and principal investigator in more than 25 clinical trials and research projects.

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