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Potent antiviral effects of brassica nigra

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Viral zoonosis Corona, Monkey pox are spreading very fast rate. Potent antivirals are discussed in this paper. Brassica nigra belongs to Angiosperms, Eudicots, Rosids, Order Brassicales, family Brassicaceae. Powder used as antiviral. This is also cough suppressant. Used cataplasm, poultice used to help muscular pains. 2-4 gms powder taken regularly act as antiviral.

Introduction: Brassica nigra belongs to Rosids, Order Brassicales, Family Brassicaceae, Brassica nigra. Distributed Europe and Asia. Powder of seed is potent antiviral, antibacterial, and antimicrobial, Spasmolytic, Expectorant, and Carminative. Also used as condiment. Seed has oleic acids (Fatty oil).

Methods: There are 2 groups

Group 1: Control group 10 persons. Seed powder not given.

Group 2: 2 gms seed powder given with honey to infected persons.

Result: 2nd group persons recovered earlier. Brassica nigra seeds powder are effective antiviral and antimicrobial agents.

Biography

Rashmi Sharma is an Associate Professor Samrat Prithviraj Chauhan College, India. She has 26 years teaching and Research experience. She has published more than 30 papers in International journals. She has attended more than 70 International and national conferences. 8 students have completed MPhil. Under her guidance. 5 Students are doing PhD under her guidance.

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