

# Palliative Care & Clinical Trials and Pharmacovigilance

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## Palliative nursing – caring for people at the end of life

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The need for care of palliative patients is constantly increasing. The care and support of terminally ill people are extremely complex and challenging. Thus, symptoms such as shortness of breath, restlessness and pain can occur individually, but also simultaneously. As a companion to the practice, the book provides nurses with suggestions and safety in dealing with palliative care patients and provides nursing practical knowledge for the care of people at the end of life by for example represents suitable aids and introduces their handling. In this way, professional palliative care workers, nursing staff, outpatient care, acute

care hospitals, and their relatives can provide professional palliative care.

### Speaker Biography

Nadine Lexa is a Nurse at MAS Palliative Care and she is also a procedural care lecturer, author & journalist in the field of Palliative Care, Nursing & Ethics and she also serve as a auditor for palliative care units, publisher of a palliative care book series “Palliative Care for beginneres” (Hospizverlag) and councilwoman.

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