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ORGANIZATION OF NURSING CARE IN PATIENTS WITH CHRONIC DISEASES IN PRIMARY HEALTH CARE

Bikova Pepa, Magdalena Aleksandrova, Antonia Ianakieva and Galina Tchaneva

Medical University of Sofia, Bulgaria

In medical practice, there are different patterns of chronic care for chronically ill. The organization of nursing involves skillfully conducting the various treatment procedures to restore the patient's health and create a hygienic environment around him. Without health care, it is inconceivable to achieve quality treatment in modern medical practice. Quality care must be timely, expedient, scientifically based, fulfilled with a sense of responsibility. The family doctor and the nurse have a fundamental place in primary care. The key role of the nurse stems from its competences developed on the basis of the needs of patients from outpatient care. The primary functions of nurses in primary care are: health promotion and prophylaxis; curative-diagnostic; medical-social; drug delivery; organizational-coordination. Primary care is the primary and primary level of patient care, ensuring complete and uninterrupted care throughout the patient's life. Medical care is in sync and team action with the social ones in order to increase the patient's autonomy, alleviate their suffering and facilitate reintegration. The activity of nurses working in out-patient care includes health promotion, health education, disease prevention, health care, health maintenance and rehabilitation, physical rehabilitation and social work.

BIOGRAPHY

Bikova Pepa in 2014 successfully defended a thesis on "Socially significant aspects of healthcare for chronically ill at home", gained a degree doctorate in higher education at the department of health care of faculty of public health in Medical University, Sofia and she became associate professor in the specialty "nurse" in the department of health care of the faculty of public health at the Medical University, Sofia. She is author and co-author in over 100 publications in scientific journals and collections, two textbooks and a monograph, that have been cited over 60 times. She has participated in scientific papers and posters of academic and scientific forums, scientific and technological sections, academic exchanges of experience and seminars. She is a member of the Bulgarian Association of Healthcare Professionals; Interdisciplinary Civil Academy – INGA; Society of Medical Education.

prbikova@abv.bg



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