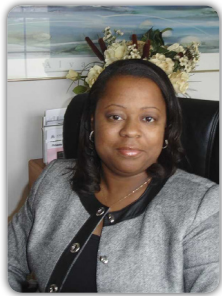


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Howard University, United States

Nutritional health and the impact of food deserts: Exploratory case study

Nutritional health issues continue to impact the underserved population and communities of colour greater compared to their counterparts. Individuals are living without basic needs such as housing, economic prosperity, community health, and social services, but equally important, people continue to not have access to healthy food and nutritional services consequently living in food desert locations. Food deserts are defined as parts of the country void of fresh fruit, vegetables, and other healthful whole foods, usually found in impoverished areas. This is largely due to a lack of grocery stores, farmer's markets, and healthy food providers. The United States Department of Agriculture has outlined a cohesive map of our nation's food deserts and this information is being used to implement projects. This exploratory case study with the adopted conceptual framework program evaluation viewed empirical information and data to search both within the United States and the United Kingdom to see how developed initiatives and projects are being developed to infuse economic support into areas that need it the most.

Speaker Biography

Patricia Y B Talbert began her vocation in public health working to empower communities regarding the importance of preventative diseases, promoting healthy lifestyles, and working on health disparities initiatives. While serving in the community, she began working in higher education. She has worked as an educator, academic mentor, researcher, consultant, and held multiple leadership positions. She established the centre for Professional Academic Consulting, LLC, which is dedicated to supporting institutions promote academic excellence by obtaining and maintaining accreditation, and she is currently the Associate Dean of Academic Affairs and Administration at Howard University in Washington, DC—United States.

She holds a Bachelor's degree in Ethnic Studies and Human Services Administration from Metropolitan State University, a Master's degree in Higher Education Administration with emphasis on Accreditation from St. Cloud State University, a Master's degree in Public Health and Doctor of Philosophy in Public Health with specialization in Community Health Promotion and Education from Walden University. She is certified as a Health Education Specialist, Public Health Administrator, Wellness Practitioner, and Public Health Nutritionist. Her research interests lie in public health, ranging from behavioural modification to exploring health disparities with a focus on social and physical determinants of health.

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