

# Healthcare and Health Management & Cardiology and Cardiac Surgery

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**Nursing Relativity and Carpe diem to support Autonomy and Soul needs**

What is key factors to support patients' autonomy and organic satisfaction of soul needs? Freedom, uncertainty, integration, and creation needs contexts of freedom fundamentally. Autonomy equals own time, own space, and own power. Dignity care needs the elements each in the interaction. Caregiver needs to let patients free. At the same instant, caregiver needs to let go of themselves. If it comes to that, care could be art in presence to be integrated together with patients. To support maintenance and improvement of patients' health and provision of safety life, we analyze using Pathogenesis and design care. In the care design process, our point of view could be limited due to focus of Pathogenesis. In Pathogenesis, there exists a mutual structure between patients and medical personnel who have a role and certain rules and obligations supported by scientific or experimental evidence or education. However, if line of thinking as the roles, rules, and obligations as skills, medical care plan, relationship by the medical profession are conducted in unilateral way fixed, the interaction between patients

and caregivers becomes a one-way communication. Trend of absoluteness makes things to keep staying and its flow fragments in the fixed interaction. It is different from relativity having more space and time in the context. The flow of energy needs between caregiver and caretaker in the care process of interaction. It affects for holistic health and QOL. Based on various research data, nursing relativity for patients will be discussed today.

### Speaker Biography

Hiroko Tadaura works in graduate school of nursing and rehabilitation science in International University Health And Welfare Graduate School, Tokyo, Japan. She is also part-time professor in graduate School Of Medicine, Tohoku University, Miyagi, Japan. She was guest researcher in School Of Nursing Science In University Of Witten/Herdecke, Witten, Germany in 2008-2011 and senior guest researcher in School Of Nursing Science In University Of Witten/Herdecke, Witten, Germany in 2012-2015. She graduated from tohoku university graduate school of medicine. she is a member of European kinaesthetic Association, German and Austrian branch. She got IOS newscholar award of self-care dependent-care nursing, International Orem Society, USA in 2014.

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