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NEW HORIZONS ON SEX ADDICTION KNOWLEDGE AND CLINICAL MANAGEMENT

Stefano Eleuteri

Sapienza University of Rome, Italy

Sexual addiction or hypersexuality is a psychological disorder and behavioural in which the person experiences an obsessive pathological need to have sex or in any case to think about sex and therefore has a dependence on sexual activity (Similar to that which can be had for any type of substance or other behavior). Over the last 30 years, this issue has been debated for a long time but there is still no general consensus on its main features: Terminology, epidemiology, aetiology, comorbidities, assessment and treatment. The author will present and update on these aspects also based on the recent proposals of the 11th Version of the International Classification of Diseases.

BIOGRAPHY

Stefano Eleuteri is a Psychologist, Psychotherapist and Sexual Counsellor, Member of the Advisory Council of the World Association for Sexual Health. He is working as a Private consultant in the field of sexual health since 2010. He is a Research Fellow at Sapienza University of Rome and Honorary Judge of the Court of Appeals of Rome Juvenile Court, Italy. He teaches different aspects of sexuality (sex and aging, sex and disability) in different higher education courses for nurses and medical doctors at Sapienza University of Rome, since 2012 and in the School for Sexologists and Sexual Counsellors of the Institute of Clinical Sexology of Rome (Sex and internet, hypersexuality, sexual Rights, homophobia and homoparenting) since 2015. He has been a speaker in the national and international congresses in the sexological sciences field, presenting works in the clinical sexology and sexual health. He is the author of scientific and educational contributions in the sexology area also in indexed journals.

Stefano.eleuteri@uniroma1.it



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