

# Neurology and Neurological Disorders

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## Need of health policy and system research for betterment of geriatric population

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Health Policy and Systems Research is broadly believed as the production of new knowledge to improve societies organization to achieve health goals. The WHO defines it as all organizations and people primary intent is to promote and maintain health. For instance, an aging population leads to increased burden of chronic diseases, disabilities, mental illnesses and other co-morbidities. Health care systems throughout the world is lacking and facing the challenges to provide the health care and quality of life to their elderly population. How health policy and system research can contribute for provision of quality health care and quality of life to every group of population. For achievement, there is a need to advocate the funders of health research with a clearer understanding of what is the Health Policy and System Research and how it relates to health research especially neglected area like; geriatric diseases. As most of the people think that

health system is only; The pyramid of government funded health facilities; While this is clearly one aspect of the health system, it is comprised of; Public health laws and regulations, Financing mechanisms such as social health insurance and user fee schemes especially for neglected geriatric population, Involvement of communities and private health sector to promote health, traditionally health policy and system has been dominated by physicians. Scientists schooled in basic and social science are less comfortable with the methods used in health policy and systems research, limited funding is a major issue, rigorous analysis and feasible actions within the limited budget is very hard. In the light of this discussion, it seems that the basic cause of failure to achieve the goals is, not to use the Health Policy and System Research properly.

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