

3<sup>rd</sup> World Congress on  
Cardiology

&

16<sup>th</sup> International Conference on  
Nutrition and Fitness

October 29-30, 2018 | London, UK

**Necrotizing enterocolitis in a preterm infant new-born & role of feeding: An update (A clinical case report presentation)**

**Hawal Amr I M**

Prime Health Care Group, UAE

**Introduction:** It's a clinical case presentation of a male Preterm infant New-born (+31 weeks) who was delivered in our hospital & transferred to our NICU because of Prematurity, VLBW & need of respiratory support. Baby shortly undergo Necrotizing Enterocolitis (NEC) on 5th day of life shortly after start of expressed milk feeding...! Which was early detected by use of Near Infrared Abdominal spectroscopy (NIRS). Baby was deteriorated clinically in a couple of hours & undergo intestinal perforation with peritonitis, So, abdominal exploration surgery with intestinal resection & end to end anastomosis was done urgently. Baby improved gradually & early feedings was started & gradually increased up to full feedings with use of Human Fortified Milk (HMF) & probiotics, Prebiotics. The Study stated the evidence-based Feeding Strategies guidelines for necrotizing enterocolitis (NEC) among very low birth weight infants & Role of trophic feedings, Probiotics, Prebiotics & micronutrients in Prophylaxis, Prevention & Management of NEC.

**Recommendations:** 1) -Prematurity is the single greatest risk factor for NEC & avoidance of premature birth is the best way to prevent NEC. 2)-The role of feeding in the pathogenesis of NEC is uncertain, but it seems prudent to use breast milk (when available) and advance feedings slowly and cautiously. 3)-NEC is one of the leading causes of mortality, and the most common reason for emergent GI surgery in new-borns. 4)- NEC remains a major unsolved medical challenge, for which no specific therapy exists, and its pathogenesis remains controversial. 5)-A better understanding of the pathophysiology will offer new and innovative therapeutic approaches, and future studies should be focused on the roles of the epithelial barrier, innate immunity, and microbiota in this disorder. 6)-Bioinformatics modelling is a new emerging strategy aimed at understanding the dynamics of various inflammatory markers and their application in early diagnosis and treatment.

e: amr106@gmail.com



Notes: