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## **Natural: From traditional goes to bio-molecular approach**

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**B**iomolecule, also called natural patch, any of multitudinous substances that are produced by cells and living organisms. Biomolecules have a wide range of sizes and structures and perform a vast array of functions. So, molecular remedy is defined as the preface of inheritable material into cells, either for direct payoff of the cells or to grease the capability of the host to annihilate them, especially on habitual degenerative conditions.

Western medicines and target drugs for complaint treatment come with undesirable side goods that have limited their use in cases for an extended period of time. It's warranted to develop a treatment strategy with indispensable drugs to reduce toxin relating to medicines, in particular, cancer medicines. Therefore, a combination remedy with herbal drugs provides a more effective treatment system for hard-to-treat conditions. The recent improvements in naturally being small moles from herbal drugs have handed experimental substantiation and are clinically significant in treatment strategies.

This unique volume presents the recent developments in the field of herbal drugs for the treatment of habitual degenerative conditions. Recent progress on small moles insulated from herbal drugs that parade remedial benefits in humans is stressed. Several journals provide an overview of the significant discoveries and introducing benefactions of herbal drugs in combination with other medicines;

Recent scientific exploration decreasingly supports the notion that natural constituents and bioactive component factors have numerous implicit health benefits. Natural substance supplements marketers are adding health claims and structure/ function claims on products grounded on the good wisdom developing about them. Structure or Function claims are statements of health- promoting or nutritive benefit allowed on salutary supplement markers to mention and describe the support or conservation of the normal functioning of the body. Naturoceuticals are frequently defined synonymously with functional foods in the literature, covers those fortified foods that are amended with nutrients not natural to the food. Therefore, naturoceuticals are more rightly defined as corridor of a natural substances or a whole food that have a medical or health benefit, including the forestallment and treatment of complaint; pertaining to "a product insulated or purified from foods that's generally vended in medicinal forms (and) is demonstrated to have a physiological benefit or give protection figh and against habitual complaint."

### **Speaker Biography**

Amarullah Hasanuddin Siregar is a Profession in Health Care Specialist, Homeopathic Medicine Consultant, Naturopathic Medicine Consultant, and Anti-Aging Medicine Practitioner Functional Medicine Practitioner. She was secretary in District Indonesian Medical Assoc, South Tapanuli Chairman in District Indonesian Red Cross, South Tapanuli. Member in Selection of District Model Doctor.

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