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**Movement in Early Childhood**

The Bewegigshüsli was founded in August 2018. It was born out of the vision to create a place where the child and its developmental need for movement are central. It offers enough space for children from 1.5 years to discover, experience and experiment.

The focus is on movement learning, which promotes one's own learning autonomy. The development of movement is supported, and important movement experiences can be made. This promotes health and well-being. From movement songs arise movement stories which create movement landscapes. Thus, the world is discovered with much fun, movement, imagination and rhythm. The movement-oriented health promotion activities should support development and provide learning experiences in motion. For more diversity and equal opportunities already in early childhood.

I recommend: Under 1 year of interactive games, free and age-appropriate environment. 1 to 4 years, several times a day, alone or with other children, moving, jumping, bouncing, turning, rocking, climbing, crawling, with support and guidance, indoors and out, at least 3 hours a day

**Speaker Biography**

Jasmin Ecknauer is from St. Gallen, founder of Spielgruppe Bewegigshüsli. The entry into my work I have made as a FABE in the disabled area. I bring the basic education year in motion and dance with. As a Muki and Kids-Fit leader in movement, dance and sports, I am also very active as a movement playgroup leader. At the moment I am attending the further education in Kindertanzpädagogik and am with the Bewegungsigshüsli at the somersault. The Bewegungsigshüsli is based on the orientation framework for early childhood education, care and education ECEC of UNESCO.

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