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Is the blood count a good predictor that the patient really does not have anemia for blood donation?

Introduction: The assessment of the donor hemoglobin continues to be the best approach to predict rule out that the patient do not have anemia. But if we use reasoning from oldest medicines as recommended by Hippocrates, the Blood deficiency can be first in the energy level, invisible by the naked eyes and we cannot see alteration in the laboratory exam. Purpose: The purpose of this study is to demonstrate that patients with Blood deficiency, according to traditional Chinese medicine, can have normal blood count and these normal laboratorial exams do not say that the patient do not have anemia because energy alterations do not appear in the laboratory exams in the first 5 years of Blood deficiency, in the energy level.

Methods: Through one case report of female patient that went to blood donation. Her hemoglobin level was in the normal level, but she had constipation (she had bowel movement once each three days). When there is Blood deficiency in the blood vessels, there is release the Blood from the Liver, and the reserve of Blood (that is in the Liver reduced and the Blood count in the periphery of Blood vessels will be normal but the reserve of Blood, that it is in the Liver is very reduced).

Results: In traditional Chinese medicine, when the patient do not have daily bowel movement, this is a sign of Blood deficiency and can be a clinical predictor of Blood deficiency, even the laboratorial exam is normal.

Conclusion: The conclusion of this study is to demonstrate that people with normal blood count is not a good predictor of anemia and other clinical signs, including thoughts from ancient medical traditions, such as traditional Chinese medicine could be to identify patients' wit anemia, that do not have alterations in the laboratorial exams in the beginning of their Blood deficiency.

Speaker Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress (1998). Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through teachings of traditional Chinese medicine and Hippocrates.

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