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## Investigation of self-harm behaviour and its relation to several factors in drug users under probation order

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**Aim:** Drug abuse as one of the main important health issues around the world is found to be correlated with several risk factors such as family relations, academic success, psychological disorders like depression etc. As another risk factor that can be evaluated, it is also seen that patients under psychological treatment due to self-harm behaviour show high levels of drug abuse. In this study it is aimed to study the relationship between self-harm behaviour and several other risk factors in a sample from drug users under probation order.

**Method:** The sample has been chosen by random sampling method within people under probation order due to Turkish Criminal Law Article 191. The study is performed with 500 participants who are aged 18-65 years and whose age average is  $28 \pm 8$ ; following written permission taken from General Directorate of Prisons and Detention Houses. During face to face interviews, the aim of the study is told to individuals and Informed Consent Form is given to individuals who accept to participate. Then, Personal Information Form including related questions within the scope of the study is applied.

**Findings:** 18% of participants have self-harm behaviour, 7.4% have suicide attempts. Statistically significant results are obtained between types of drugs used, age of starting drug usage, drug use time periods and self-harm behaviour ( $p=0.000$   $p<0.05$ ).

**Results:** Addiction is a whole and it is important to regard multifactor related to each other and to plan research in that way. Within this perspective, one of those factors to be considered not only in prevention but also in intervention procedures for drug usage is thought to be psychological factors like self-harm behaviour.

### Speaker Biography

Mine Pazarcikci completed her sociology degree in Ege University in 2009. She has been working as a sociologist in the probation department since 2013. She has graduated from Ege University Drug Addiction Programme (MSc). The title of her thesis topic is "Research on Cigarette, Alcohol and Pathological Gambling Addiction Comorbid with Illicit Drug Use Within People Subject to Probation Order Due to Illicit Drug Use". She has a certificate in Family Counseling. She has attended trainings like Anger Management, Drug Addiction Training for Adults.

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