

WORLD CONFERENCE ON STDs, STIs & HIV/AIDS

July 26-27, 2017 | Vancouver, Canada

Interventions to reduce HIV/AIDS stigma: What have we learned?

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This article reviews 22 studies that test a variety of interventions to decrease AIDS stigma in Cameroon. This article assesses published studies that met stringent evaluation criteria in order to draw lessons for future development of interventions to combat stigma. The target group, setting, type of intervention, measures, and scale of these studies varied tremendously. The majority (14) of the studies aimed to increase tolerance of persons living with HIV/AIDS (PLHA) among the general population. The remaining studies tested interventions to increase willingness to treat PLHA among health care providers or improve coping strategies for dealing with AIDS stigma among PLHA or at-risk groups. Results suggest some stigma

reduction interventions appear to work, at least on a small scale and in the short term, but many gaps remain especially in relation to scale and duration of impact and in terms of gendered impact of stigma reduction interventions.

Speaker Biography

QUINTA BIH is a native of Bamenda Town and has lived in Kumba, Southwest Region since 1990. Since 2008, Quinta has been a Clinical Nurse for Presbyterian General Hospital and she is responsible for the clinical expert, consultant, educator and researcher program at the Presbyterian General Hospital. Her bi-cultural background and focus on community collaboration has led her to a number of volunteer opportunities and community leadership roles. Quinta received her Bachelor of Science in Nursing at University of Buea.

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