

IMMEDIATE OUTCOME OF OUTPATIENT LAPAROSCOPIC CHOLECYSTECTOMY

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Introduction: There has been revolution in Surgery over the past four decade's recent advances in surgical and anaesthetic techniques financial incentives for the hospital have changed the emphasis in patient selection in day surgery, the increase in day surgery rates for appropriate procedures has the potential to improve the service for patients by achieving shorter waiting times, allowing patient choice and making best use of NHS. The Royal College of Surgeons of England, in 1992, concluded that day surgery is better than inpatient care for many conditions and that it can be an effective way of reducing waiting times

Objective: Aim of this study was to find out safety and the immediate outcome of laparoscopic cholecystectomy as a day case in District General Hospital

Methods: Retrospective identification of 101, patients underwent a laparoscopic cholecystectomy as a day case following parameters: age, gender, comorbidities obesity, presentation with acute cholecystitis, pancreatitis or obstructive jaundice. Study period from November 2015 to October 2016.

Results: Eleven patients (10.89) patients were unplanned admission and transferred to a Regional Hospitals. Three patients (2.97%) required conversion to open cholecystectomy. One patient (0.99%) required drain insertion, and five patients (4.95%) pain control. Two patients (1.98%) bleeding one from the Gall Bladder fossa which was controlled, another patient developed an epigastric port bleeding and gone Re-laparoscopy and resolved the issue with removal of clot and control of bleeding. Ninety (89.10 %) patients were discharged home after laparoscopic cholecystectomy from a district hospital.

Conclusion: Day case Laparoscopic cholecystectomy can be performed safely in District General Hospital, shorter waiting time, allowing patient choice, economic benefit, and making best use of NHS.

BIOGRAPHY

Syed Altaf Naqvi is a General Surgeon with a wide range of experience in the different surgical sub specialties. After qualifying from Dow Medical College Karachi Pakistan in 1982, He undertook General Surgical training in a variety of posts including the University Hospital Galway, St James's Hospital Dublin and District Teaching Hospital Epsom UK. His specialist training was undertaken in Ireland & United Kingdom. He joined as a Permanent Consultant at University Hospital Limerick in July 2003-June 2015. Now He has involved in teaching and training.

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