ICT for language learning

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Neurolanguage Coaching incorporates the latest findings in neuroscience as well as principles and tools from coaching into the traditional process of language teaching with practical steps to facilitate learning. Through neuroscience we know that every brain is unique, so neurolanguage coaching is tailor-made learning to clients' needs, without books, but with clear and structured targets to achieve in defined periods of time. This method and approach potentially creates the perfect learning conditions for the brain leading to faster, more efficient, sustainable and cost-effective results. It is essential as an educator to fully understand how the brain is impacted and affected while learning and for us to engage and empower our learner to their full potential. When we create brain friendly interactive conversations, in a non-directive style, provoking brain connections whenever possible, then we come into a perfect learning state. NL Coaching is new and unique, going one step beyond "language coaching" adding the practical application of "neuroscientific principles". Teachers are introduced to the 7 underlying principles of neuroscience pervasive in NL coaching, highlighted in the book Neurolanguage Coaching – Brain friendly language learning.

The new method/approach of "Neurolanguage coaching" has been introduced by Rachel Marie Paling. This is a hybrid of both method and approach, whereby it not only encompasses the traditional principles of coaching within the language knowledge transmission process, but it also incorporates aspects of neuroscience and the ideal learning state according to neuroscience, in which this ideal learning state of the brain is explored through knowledge of the limbic system and how the brain works. By fully understanding and acknowledging that no two brains are alike, the neurolanguage coach then is able to adapt to the individual coachee in front of him/her and is able to recognize how that coachee can relate to, learn and commit to long term memory the information that the language coach is transmitting. Perhaps this is the first time in the pedagogy of language that the learning process really focuses learner-centrically on the individual's capacity for learning, recognizing that all brains are different and the neuroscientific principles underlying this process. The neurolanguage coach is trained to deliver a constant brain friendly approach which is non-directive, non-threatening, abundantly empathetic, but provocative in the sense that he/she will constantly be stimulating the learner's brain into language connections and insights throughout the process. There may also be conversations to discover how the learner learns best, and how he/she can connect language learning to real life and to personal situations. The neurolanguage coach is skilled in the technique of chunking language down, providing a safe learning environment and developing spacing techniques for learning. Additionally, he/she is skilled in getting the coachee to set own goals and actions for the process, ensuring maximum ownership from the learner. Motivation and commitment conversations are essential, as well as the awareness of "emotional triggers" which could hamper learning and progress, so there are continuous coaching conversations that keep the brain in a calm learning state, whereby even grammar is delivered through calm step by step coaching conversations, so that the learner can quickly "normalise" the language.

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