

# Alternative Medicine

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## Herbal hair care Arabic medicines in (Al-Tarif) book of Albucais

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**Introduction:** Cosmetology is the scientific study and application of aesthetic and therapeutic cosmetic products used in hair care. The notable Arab Andalusian cosmetologist Abu al-Qasim al-Zahrawi (Albucais) considered cosmetics a branch of medicine, which he called (Adwiyat al-Zinah) "Medicine of Beauty", and in which he addresses similar aesthetic issues.

**Aim:** To introduce the most significant achievements of Albucais in the field of cosmetology and shed light on the method of preparation of cosmetics and the drugs of beautification which Albucais had been well-known for, and examine his cosmetics textbook.

**Material and Methods:** Historical research methodology is adopted. It is based on ancient Arabic medical books; historic medical publications of the ancients, contemporaries, and orientalist; and the nineteenth volume of Albucais encyclopedia (Al-Tasrif Liman Ajiza an Altaleef) Guide to novice practitioners. This volume is mainly about make-up and aromas.

**Results:** By the studies of commandments given by Albucais we can mention:

1- The nineteenth volume of his encyclopedia, especially its another section, is unique; it is concerned with the preparation of cosmetics.

2- He described the care and beautification of hair.

**Conclusion:** Albucais was the father of cosmetics and beauty treatment, and his cosmetics chapter was the first original contribution to cosmetology worldwide

### Recent Publications

1. Chadi Khatib, Abdulhakim Nattouf & Mohamad Isam Hasan Agha (2021) Traditional medicines and their common uses in central region of Syria: Hama and Homs – an ethnomedicinal survey, *Pharmaceutical Biology*, 59:1, 776-786, DOI: 10.1080/13880209.2021.1936078
2. Ethnobotanical Survey of Medicinal Herbs in the Western Region in Syria (Latakia and Tartus) <https://doi.org/10.21203/rs.3.rs-355008/v1>
3. Traditional Medicines Used as Adjuvant Therapy for COVID-19 Symptoms in Syria: An Ethno-medicine Survey <https://doi.org/10.21203/rs.3.rs-337854/v1>.

### Biography

Chadi Khatib completed his PhD at the age of 33 years from Aleppo University, Syria. He is the Manager of the Syrian Society of Complementary Medicine, Syria. He has many scientific publications, and has focused on developing natural Syrian herbal and cosmetic products, eventually leading to his 11 patents. Also, he has been awarded a certificate of reviewing from ELSEVIER & Journal of Applied Research on Medicinal & Aromatic Plants. He was selected as one of JCI's Ten Outstanding Young Persons of 2021, in the category of Medical Innovation at, the JCI World Congress hosted in South Africa. Also, he is a lecturer at Manara University, Syria.

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