

2<sup>nd</sup> World Congress on  
**BREAST CANCER,  
GYNECOLOGY AND WOMEN HEALTH**

**April 15-16, 2019 | Milan, Italy**

**GLOBAL WOMEN HEALTH 2019**



**KEYNOTE FORUM  
DAY 1**

# BREAST CANCER, GYNECOLOGY AND WOMEN HEALTH

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Ioannis G Papanikolaou, Res Rep Gynaecol Obstet 2019, Volume 3  
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## Ioannis G Papanikolaou

University of Athens, Greece

### BIOGRAPHY

Ioannis G Papanikolaou was born in Athens in 1985. In 2009 he takes the Medical Degree with excellent votation. Afterwards, he was selected to participate in the two years Postgraduate programme in Robotic surgery, Minimally Invasive Surgery and Telesurgery, in the University of Athens, Medical School, Greece. In 2011 he was distinguished again with excellent votation and obtains the title of "Master of Science" from the Athens Medical School in "Robotic surgery, Minimally Invasive Surgery and Telesurgery. He was distinguished with the PhD (Doctor of Philosophy) from Athens Medical School, Greece with Excellent votation in 2018. He has gained the first Prize in "Robotic Surgery Marathon" as well as the First Prize in the "Laparoscopic Simulation Cup". He is the author of many publications in national and international journals and he is also selected as reviewer for many journals such as *The British Medical Journal*, *Stem Cells International*, *Surgical Laparoscopy Endoscopy & Percutaneous Techniques*, *The International Journal of Medical Robotics & Computer Assisted Surgery*, *The European Journal of Obstetrics, Gynecology and Reproductive Biology*. Currently he works in the 1st Department of Obstetrics & Gynecology of the University of Athens, Medical School in Greece, in "Alexandra" Hospital.

[papanikolaou85@gmail.com](mailto:papanikolaou85@gmail.com)

### IMPROVING QUALITY OF CARE IN BREAST CANCER TREATMENT: EUROPEAN CRITERIA FOR CERTIFYING BREAST SURGEONS AND BREAST UNITS

As the topic of author's lecture suggests, he will focus on certification criteria of breast units and breast surgeons across Europe, which are crucial issues for the appropriate therapeutic management of breast cancer. The last GLOBOCAN estimates for breast cancer, classify this carcinoma as the most common in the female. Treatment options have changed and modern breast surgery tends to have a more conservative and cosmesis-preserving face. Breast cancer treatment involves many medical specialties and requires deep knowledge, training, expertise and dedication. The European Board for Surgical Qualification gives guidelines on eligibility criteria for involvement in breast surgery defining metrics for operations that a breast surgeon should have performed and defines with precise metrics the numbers of procedures in which a qualified breast surgeons should be involved. Different international societies are involved in education and certification of competency in breast surgery. Many authors highlight that treatment of breast cancer in high-volume centers is of crucial importance because it improves five year survival up to 33%. Furthermore, the number of breast cancer surgeries that a breast surgeon performs per year seems to be an independent prognostic factor for patient's survival, recurrence and general outcome. For all these reasons, treatment of breast cancer in certified breast units by special-

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ized breast surgeons is mandatory. New techniques of oncoplastic breast-conserving surgery challenge the current armamentarium of therapeutic options, proving excellent cosmetic results with comparable oncological outcome to the standard breast-conserving surgery. Furthermore, oncoplastic techniques improve patient's satisfaction and quality of life after breast cancer diagnosis. Genetic counseling, psychological support and multimodal treatment from a breast-dedicated team which involves many specialties are mandatory for qualitative standards of care. There is an urgent need for certified education in breast surgery not only for breast centers but also for breast surgeons. Dedication is a key principle in breast surgery, because it improves outcomes. Considering high incidence and mortality rates in the global population, current care for breast cancer needs to be based on quality. Breast surgery is a field with which, Obstetricians and Gynecologists should deal with and begin to be involved in Europe, after an accurate and strict training process which provided final certification. The future of breast surgery is in less invasive and more cosmeses-preserving approaches surgery in the treatment of breast disease, including breast carcinoma. Patient-centered care is a key component and quality indicator in the treatment of breast carcinoma.



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DAY 2**

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### PAVING THE WAY FOR CHANGING PERCEPTIONS IN BREAST SURGERY: ONCOLOGICAL AND AESTHETIC OUTCOMES OF ONCOPLASTIC SURGERY FOR BREAST CANCER

Breast cancer is the most frequent cancer among women. The emphasis on aesthetic outcomes and quality of life after breast cancer surgery has motivated breast surgeons to develop oncoplastic breast conserving surgery. Oncoplastic techniques combine oncologic surgery with plastic surgery techniques. Main objective remains oncologic safety. This study investigates oncological and aesthetic results of these techniques. Mean follow-up varied significantly in included studies, although, it did not exceed six years. Research found no randomized controlled trials. There was great variation in the frequency of margin involvement. Most studies are negatively influenced by methodological shortcomings and absence of robust design. Established goals of OPS are to broaden indications of breast conservation towards larger tumors by improving aesthetic outcomes. There is a growing demand to standardize various aspects of OPS for implementation into clinical practice. Current evidence on OPS is based on poorly designed and underpowered studies. Research efforts should focus on Level I evidence assessing oncological and aesthetic outcomes of OPS and obtained survival rates.