

## International Conference on GASTROENTEROLOGY

## June 25-26, 2018 | Dublin, Ireland

J Gastroenterol Dig Dis 2018, Volume 3

## FUNCTIONAL ASSESSMENT OF THE DIGESTIVE SYSTEM -THERAPEUTIC ASSESSMENT OF SUB-CLINICAL SYMPTOMS AND DIGESTIVE HEALTH

## Keri Brown

Wide Awake Wellness, USA

unctional Assessment of the Digestive System is a clinical diagnosis presentation based on physical observations that identify the root causes, help target priorities, and insures a measurable evaluation of the patient. This presentation focuses on actionable information and take-home strategies that provide an effective, efficient, and recordable pattern of the patient for digestive health. Through lecture, example, and demonstration this information provides knowledge on pre and post-evaluations, creating a recordable and visual benchmark of the patient for deficiency patterns for the digestive system. Learning how to assess the digestive system can help one determine nutritional deficiency patterns and health needs prior to disease occurring. This information is imperative in today's health care and in the clinical and "sub-clinical" patient. Traditional doctors use functional assessments and physical observations of our body to confirm our health issues. It enables one to take the guess work out of nutritional deficiencies and digestive health patterns. This class insures a measurement of patient evaluation as a critical tool in the medical toolbox. If pre-and post-nutritional evaluations and sound patient observations are added, the practitioner can confirm the findings while creating a recordable and even visual benchmark for patients to see the change and progress. This approach heightens the practitioner's ability to identify root causes, target priorities, and integrate patient interaction, while improving understanding, retention and compliance. Using functional assessments of the digestive system, the health and direction of care becomes more obvious to see, treat, and monitor. While correlating specific observations and testing procedures, one can determine organ health, utilization of nutritional factors, and what direction is best for the client. We will look at the tongue, face, nails, reflex points, simple office testing procedures and holistic care to determine how to help our patients through functional assessment of the digestive system.

keri@drkeribrown.com