

## World Congress on DERMATOLOGY RESEARCH

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### Evidence-based acne vulgaris treatment

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Acne Vulgaris is a chronic disease characterized by long duration, exacerbations and remissions, and with substantial physiological and social effects that negatively influence patient's life.

For the treatment of Acne Vulgaris one of the most important point is compliance and good cooperation between doctor and patient.

The acne treatment armamentarium, includes topical medications (Retinoids, Topical Antibiotics, Benzoyl peroxide, topical combinations etc.), systemic medications (Antibiotics, Hormones, Isotretinoin) and finally light and LASER sources.

However, despite the current treatment there are cases with poor treatment response. The various reasons for treatment failure will be analyzed and the management of each category will be discussed.

One of the most problematic to treat acne consequence is acne scarring. The management of the different types of scars will be presented.

#### Recent Publications

1. Dessinioti, Clio & Katsambas, Andreas. Childhood Rosacea. Harper's Textbook of Pediatric Dermatology, 2019, (pp.821-824)
2. Dessinioti, Clio & Katsambas, Andreas. Approach to hypopigmentation. In: Hypopigmentation, 2019, (pp.1-15).
3. Pavlidis, Athanasios & Katsambas, Andreas. Alezzandrini syndrome, Margolis syndrome, Cross syndrome, and other rare genetic disorders. Hypopigmentation, 2019, (pp.1-13)

#### Biography

Andreas D. Katsambas is a Professor of Dermatology and Venereology of the University of Athens in Greece and head of the Dermatology Clinic at Hygeia Hospital. Earlier appointments include President of the Hellenic Society of Dermatology and Venereology, President of the European Academy of Dermatology and Venereology as well as Secretary-General; Board member of the International League of Dermatological Societies; International member of the American Dermatological Association and more recently, International Board Observer of the American Academy of Dermatology and President-elect of the European Society of Cosmetic and Aesthetic Dermatology (ESCAD).

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