

# PEDIATRICS AND NEONATOLOGY

July 25-26, 2019 | Amsterdam, Netherlands

Hana Zelenkova, Curr Pediatr Res 2019, Volume 23

## EPIDERMOLYSIS BULLOSA (EB): A CASE OF A PATIENT FOLLOWED FOR 19 YEARS

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**E**B (Synonyms: "Butterfly children", "Cotton wool babies" and "Crystal skin children") is a group of mainly inherited that cause blisters in the skin and mucosal membranes, with an incidence of 20 per million new-borns. It is a result of a defect in anchoring between the epidermis and dermis, resulting in friction and skin fragility. Its severity ranges from mild to lethal. There are three types- Epidermolysis bullosa simplex, junctional epidermolysis bullosa and dystrophic epidermolysis bullosa. Epidermolysis bullosa acquisita is a chronic subepidermal blistering disease associated with autoimmunity to type VII collagen within anchoring fibril structures that are located at the dermoepidermal junction. No therapy is known and possibly employed so far. What is being researched into is the bone marrow transplantation, and partial effects are achieved with the application of grafts and especially daily care. However, despite everyday intense care provided to patients, deformities or even general dystrophy are very common. Considering the severity of the manifestations, patients rarely live longer than 30 years. They shall present a case of a patient whom they have been following for 19 years so far.

## BIOGRAPHY

Hana Zelenkova has been active in the field of Dermatovenereology since 1973. Since 2000 she has been directing her own Private Clinic of Dermatovenereology. Her professional orientation is aesthetic dermatology, acne and facial dermatoses, medicinal mycology (nail diseases), wound management, psoriasis, employment of Ichthyol and PRP in dermatology. She is the co-author of the dermatocosmetic formulae containing Ichthamol and glycyrrhizinic acid. More than 65 clinical studies testing pharmaceuticals and treatment materials were carried out at her clinic with results published in many international medical journals. She has given more than 550 expert lectures in the Slovak Republic as well as abroad, 370 scientific publications. She is the author of a publication on "Ichthamol and Antioxidants on dermatological practice" in 2014 he wrote a monograph Carboxytherapy, which has so far published in English, Slovak, Polish and Russian, re-edition this monograph 2018. She is the Associate Editor of the journals *Helios*, *Journal of Cosmetic Dermatology*, Blackwell Publishing, *Dermatologia estetyczna*, *DERMA 3rd Millennium*, *Dermatologia Kliniczna*, *Acta dermatovenereologica Albanica*, *Cosmetic Dermatology*, Germany, *PsolInternational*, Italy. She is the Founder and publisher of the *Scientific journal DERMA 3* since 2000, *tisicročia* (DERMA of the 3<sup>rd</sup> Millennium). She is the Founder and President of the Slovak Society for Aesthetic and Cosmetic Dermatology (SSEDK), President and organizer of the Traditional International Dermaparty Congress. She is Vice-President European Society of Aesthetic and Cosmetic Dermatology since 2006, President of the European Society of Aesthetic and Cosmetic Dermatology since 2007. She is the Member of SSEDK, AAD, EADV, ISD, ESCAD, Slovak Dermatovenereology Society (SDS) and IACD.

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