

# CANCER AND CANCER THERAPY

December 07, 2022 | Dubai, UAE

Received date: 01-10-2022 | Accepted date: 02-10-2022 | Published date: 12-12-2022



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### Different perspective towards Cancer care: The holistic philosophy of Traditional Chinese Medicine and conflicts with modern medicine

**Background:** Traditional Chinese Medicine (TCM) has sparked the public's attention for its potential in new drug development and its holistic view toward health, which is totally different from the reductionistic science of modern medicine. Traditional Chinese medicine is actually a medical science encompassing not only medicine but also philosophy and art in direct contrast to molecular-based modern medicine. As more and more multidisciplinary studies are being published, finding ways to integrate TCM with modern or precision medicine through artificial intelligence, new study design and technology may become a critical issue

**Methods:** This article aims to briefly review the TCM in cancer care and its conflicts with modern medicine, with a focus on the potential integration of TCM and modern medicine. We also provide insight for the key attributes of TCM and the associated investigation with Western research approaches.

#### Results:

#### Inconsistencies between TCM and modern medicine

The holistic theory of the TCM leads to difficulties in communication. The constitutional syndrome explains the dynamic changes occurring within a person no matter in what kind of cancer, while not emphasizing the gene defect or cancer character. The integration of multiherb formulas in TCM with changeable proportions is hard for precise confirming their effect though they work in clinical real world.

The "BLUE OCEAN" strategy of combined TCM and modern medicine

TCM should jump out of the field of drug research and development and focus instead on holistic design, including

adjust alignment. The thinking of a pioneer should involve connection with precision medicine, incorporating next-generation sequencing data into TCM trial.

**Conclusion:** Traditional Chinese Medicine is not only the delivery of multiherb medications but also a unique whole-body philosophy, while modern medicine is a singularly scientific direction. To connect art and science, we need to utilize more biotechnology, innovative methods, and integrated study design to explore multidisciplinary research in cancer care.

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#### Biography

Tsai-Ju Chien is a Hematologist and an Oncologist. The unique character of her is that she also possesses Traditional Chinese Medicine (PhD) and has applied TCM in cancer patients for years. She is pre-eminent in the field of Integrative Medicine, devoting her-self in integrating TCM in cancer care. Though working in a western- medicine based City Public Hospital, she spends a lot time in TCM research and practice, hoping to coordinate these two branches of medicine and meaningful to patients. Based on her clinical experience, some TCM has potential in improving symptoms related to Cancer or enhancing efficiency of chemotherapy. The mechanism is intriguing; some are compatible with immune modulation theory; and the connect with precision medicine is also intriguing. Therefore, Tsai-Ju Chien devoted herself in cross field study and looking forward to connect with who has interest in cross-cultural, cross- medicine talking.

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