



## Augustin Mubiayi Mamba

*University of Kinsasha, Congo*

### Developmental and behavioral pediatrics: A psycho-cultural approach

**T**alking Pediatrics refers to the welfare of the newborn, taking into consideration his behavior and his development.

It is worth to emphasize and mention that we cannot talk of Pediatrics without having a glance to how the mother of the newborn survived the pregnancy period and how the birthchild was handled. These elements play an important role to figure out how the growth of the newborn will be. The development and behavior of a newborn is affected positively or negatively by the behavior of the mother, the one we think does not live in an sole network but in a socio-cultural network which impacts on the birth child, the health of the pregnant woman and the pediatrics considerations in general.

A mother, who spent a pregnancy period in harmony with the family (society, environment) is expected to go through well-balanced parturition, in the absentia of infections or programmed complications. This is why a global approach is envisaged in the care to be given to the newborn in order to attain successful pediatrics management. Let us consider a nutrition aspect picking the case of breast-feeding, for example. We may notice that, not only the milk that comes out of the mother's breast is crucial for the baby. On a psychological point of view, the fact that a baby remains in the chest of the mother, sucking the breast even if no milk is coming out, increases the attachment and the affectivity of the newborn to the mother. This is an expression of libido of Sigmund Freud. While advising and campaigning on the breastfeeding for a newborn, the emphasis should not be put only on the chemical or biological nutriment but also on the psychic nutriment, which contribute to the total care and development of this newborn and build his behavior tomorrow. In our research on psychological accompaniment to complicated childbirth's, we considered the problem of childbirth as a node containing several facets, which facets

could be treated in synergy between several specialities. It is this holistic view of the problem that, amongst other things, has led us to believe that the mother as well as the newborn does live not in a social and cultural vacuum, but rather in a network of social and cultural relations. This society waits from the newborn, in terms of potential, will occupy status and plays roles in this society and change the environment.

Hence idea of the conceptual model that we have described as a trilogy: "Society-Mother-Child" where relation, between the three agents involved are more reciprocal them unequivocal.

Source: Investigation 2018

This design understand the society or environment as:

1. Immediate environment that consists of parents, family
2. Enlarged environment that is the general area where the child has to operate and grow or establish own relations. Here we understand school, village or groups, general society and ecosystem.
3. Non-physical environment that is culture, customs and traditions of parents. This approach combines the psychological and socio-cultural in order to better understand the problem that may affect the newborn

The improvement of the newborn growth requires the implication of pediatricians in the first range, of course, but also the clinical psychologists, the obstetricians and other professionals.

Thus the need for comprehensive, multidisciplinary care in pediatrics, that takes into account the articulation of the biological dimension and the socio-cultural dimension.

That is why in our approach for developmental and behavioral pediatrics, we proceed from psychodynamic interview with

International Conference and Exhibition on  
**Probiotics, Nutrition and Functional Foods**  
&  
17<sup>th</sup> World Congress on  
**Pediatrics and Nutrition**

July 05-06, 2019 | Paris, France

the mother (of course the father as well), the prophylactic psychoeducation and the psychological support.

### **Speaker Biography**

Augustin Mubiayi Mamba is an associate professor at the Faculty of Psychology and Educational Sciences of University of Kinshasa. He is the Chairperson and founder of Centre for consultations and Psychological Cares, Psych Clinic of Kinshasa-DRC and Chair of Psychological Care Commission at the Ministry of Public Health. His book publication: *Cure d'âme ou cure psychologique*, Kinshasa 2013 and Articles: *Etude de l'Etat Psychoaffectif des albinos victime de l'agression social*, *Complicated Childbirth Protocol Inspired by Luba-Kasai Therapeutic Practice* etc.

e: [augmamba@gmail.com](mailto:augmamba@gmail.com)



*Notes:*