

Anxiety, Depression and Stress Management

March 18-19, 2019 | London, UK

Collective trauma, resilience and quality of life in fourth generation children in Palestinian camps: A cross-sectional survey

Fayez Azez Mahamid

Northumbria University, UK

There is no doubt that Palestinian refugee children have been exposed to many violent events and it is likely that this exposure has affected them, and that they may display some or all symptoms that correspond to the diagnostic symptoms associated with trauma and related disorders. The question is, however, whether displaying these symptoms necessarily means that children suffer lack of resilience and posttraumatic stress disorders, requiring a form of intervention, or alternatively, whether the fear and sadness associated with exposure to political violence are normal reactions which will diminish with time and support from family and community (Saleh, Giacama & Rabaia, 2014).

Moving from the premise that quality of life and resilience in young children are key components for the further development later in life and are influenced by many factors in the child's environment; this study attempts to examine collective trauma, resilience and quality of life in fourth generation children in Palestinian camps, the sample of the

study consisted of (30) Children aged (12- 16) years, they were selected from five Palestinian refugee camps in West bank of Palestine (Balata, Askar, Ein Beit al-ma', Nur Shams and Jenin camps) in first semester of the academic year(2018/2019). Results showed that children who live in Palestinian camps suffer from collective trauma, trauma transferred from the first generation of Palestinian refugees to the second and further generations via narratives and stories, results also indicated that refugee children developed high level of resiliency in dealing with trauma and distress.

Speaker Biography

Fayez Azez Mahamid is currently a Postdoctoral Rutherford Fellow in the Centre for International Development at North Umbria University. He has a doctoral degree in Clinical Psychology and served as a head of the Graduate department for Human Sciences at An-Najah National University, Palestine. In addition, he continues to lecture in the Department of Psychology and Counseling. His research interests focus on mental health, trauma intervention, diagnosis, assessment, therapeutic programs and psychosocial rehabilitation.

e: Fayez.mahamid@northumbria.ac.uk



Notes: