

2nd International Conference on

DENTISTRY AND ORAL HEALTH

Accepted Abstract

April 15-16, 2019 | Milan, Italy

J Clin Dentistry Oral Health 2019, Volume 3

CLINICAL CASES IN ORTHODONTICS AND FACIAL ORTHOPAEDICS AND ALIGNERS

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Orthodontic appliances do not diagnose or treat a clinical case. They are tools that, if used properly, will allow us to reach an ideal dental position, within a functional occlusion, in perfect harmony with the TMJ's and associated musculature. After diagnosis, a treatment plan is established and we select the right technique to treat. The interaction of techniques also allows the professional to be comprehensive to all clinical cases, taking advantage of the best part of each technique. Alignments, rotations, levelling and intercuspations are easy to correct with fixed appliances, however the diagnosis may show us the need for an expansion, giving value to the removable appliance and indication in the treatment. Orthopaedics is also not the answer to all problems although it is the best solution for early interception of malocclusions, normalizing the functional spaces and allowing the correction of growth. Aligners can be used with success in many cases. All the techniques are excellent when well indicated according to the diagnosis.

