



Rex Stockton

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Biography

Rex Stockton is the class of 1969 Chancellor's Professor in the Department of Counseling and Educational Psychology at Indiana University where he has held a wide variety of academic, administrative and professional responsibilities. For several years he was the Associate Dean in the Office of the Vice President and Dean for Research and Advanced Study. In this capacity, he assisted in the coordination and administration of research and academic programs.

He has directed or participated at a senior level in a series of funded research and development studies. Currently, he leads a project focusing on the social emotional components of having HIV/AIDS. The population he works most is in Sub-Saharan Africa, primarily Botswana. In collaboration with colleagues he has completed several country wide studies in this area. He has been active in leadership roles in major professional organizations. He is the recipient of several research and teaching awards.

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CLIENT PERCEPTION OF HIV/AIDS COUNSELING IN BOTSWANA

Mental health concerns can exacerbate the progression and transmission of HIV/AIDS. Thus, there have been calls for increased research and integration of mental health care into HIV/AIDS treatment in sub-Saharan Africa, where the disease has reached pandemic levels. This study analyzed the open-ended survey responses of 181 individuals providing HIV/AIDS counseling in Botswana. Several themes emerged regarding the professional identity of counselors, risk of burnout, working conditions and needed resources, the process and provision of counseling in Botswana, as well as training and supervision issues. Implications and recommendations for practice and advocacy are discussed.



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