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## **Chronic Disease and Homeopathy**

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Chronic diseases are health conditions that are long lasting and can often only be controlled but never cured. Genetics indicate the weaknesses in our body system and areas of susceptibility, while factors such as lifestyle, age, and gender are contributing factors in determining how soon we might be affected. Just in United States, 45% of the populations suffer from at least one chronic condition. After the age of 55, these numbers skyrocket to 80% of population having at least one chronic condition and 50% with two or more. Heart disease, cancer, stroke, diabetes, arthritis, asthma, depression, hormonal troubles are a few of these chronic conditions that may severely impact the lives of many people. The plague of the 21st century has become deaths due to chronic diseases; 70% of deaths in United States are attributed to chronic conditions.

Treatment of chronic diseases is a complex and costly problem with no light at the end of the tunnel. The main

treatment today is heavy-duty medications to control the condition and surgery when warranted. The unpleasant side effects of most of these medications, coupled with the fact that they don't cure, leads to a large percent of people who skip doses or entirely stop their medications. Most of these medications work on suppressing the problem or cutting away the diseased part in surgery. Homeopathy on the other hand treats the individual holistically and believes the body is intrinsically healthy and capable of healing itself. Genetic weakness combined with lifestyle choices propel the body towards derangement. Instead of suppressing the problem, homeopathy which is the only medicine in the world to work at a sub-physiological dose, stimulates the body's self-healing mechanism to repair itself.

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