

# Cell and Stem Cell Research

March 16, 2022 | Webinar



## **Paul Dreschnack**

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### **Case report: Psoriatic arthritis and stem cell therapy**

**W**e report a case of a 63-year-old patient with a 20-year history of psoriatic arthritis that covered 80% of her body. After failed methotrexate therapy, her symptomology was well controlled with topical clobetasol. After treatment with adipose-derived stem cells for a painful knee, her skin pathology disappeared for 7 months without any further treatment. When lesions did return, they were of less severity than usually seen.

### **Speaker Biography**

Dreschnack has completed his MD at Ross University and postdoctoral studies from State University of New York at Brooklyn and Louisiana State University School of Medicine in Plastic, Hand and Microsurgery. He is the director of Optimal Wellness. He is a multiple Nobel Peace Prize nominee for his work as Assistant Director of The India Project. His team operated on over 300,00 children in India with congenital birth defects free of charge. He is a researcher in stem cells and exosomes since 1982 at Yale University.

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