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CASE REPORT OF BILATERAL MEDIAL RECTI RECESSIONS AS A SURGICAL MODALITY IN CASES OF BILATERAL ALTERNATING INFANTILE ESOTROPIA IN SIX MONTHS OLD MALE TWINS

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Squint or strabismus is a common ocular disorder seen by all ophthalmologists but at present is managed by squint specialists. Squint is characterized by abnormal ocular deviation where there is loss of ocular parallelism. The abnormal ocular deviation can be inwards, outwards, downwards and oblique. One of the most important things not only to correct the abnormal angle of deviation but to achieve normal vision, for this early diagnosis and proper management in time is very important, if the squint is neglected the eye becomes lazy and then the treatment will be only cosmetic. One of the most important causes are uncharacterized refractive errors and anisometropia. At present children in the age group of five to nine years are abusing mobiles and playing games for a very long time, so they present as eye ache, headache, eye strain, irritability, vertigo, vomiting, change in behaviour of child and even epileptic like attacks. It can even go to delayed milestones even diplopia and squint has been observed, so it is important for the parents' to refrain the children from mobile abuse and indulge them to physical activities. Most important things in assessment of squint is recording of visual acuity, mydriatic refraction and fundus examination, because there are some conditions in children like retinoblastoma and coats disease which can present as squint. Bilateral alternating esotropia can present as crossed fixation, uncrossed fixation, AV pattern, broad angle, overaction of oblique, covering the dominant eye will make the child to cry. Squint can be esotropia, exotropia, hypotropia, pseudophoria, heterophoria, orthophoria, cyclophoria and microtropia.

BIOGRAPHY

Gowhar Ahmad is a Director in the Department of Ophthalmology, Florence Hospital, Multispecialty Centre, India. He pursued his MBBS from University of Jammu and Kashmir and Master of Surgery in Ophthalmology, SN Medical College and University of Agra. He obtains a Fellowship in Paediatric Ophthalmology from Morefield's Eye Hospital, London and Fellowship in Oculoplasty and Neurophthalmology from King Khaled Eye Specialist Hospital, Riyadh, Saudi Arabia. He had more than 40 years of experience in the field of Ophthalmology and served as guest national and international speaker. He has posted more than 700 ophthalmic articles on LinkedIn, and more than 800 on Docplexus. He is the key opinion leader on the Curiofy having published more than 1600 posts. He has published many ophthalmic international papers and served as Editorial Member for *International Journal of Science and Research*. He attended the World Congress on Pediatrics and Clinical Pediatrics conference at Dubai, UAE on November 28th and 29th 2018 as a guest speaker. He is the Editorial Board Member for Clinical Pediatrics 2019 Congress which was held in June 2019, in Scotland. His research interest mainly focuses on Pediatric Ophthalmology, Oculoplasty, Neurophthalmology and Medical Ophthalmology. He is also interested in community ophthalmology and has conducted many eye camps in rural areas.

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