# World Congress on

# DERMATOLOGY RESEARCH

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# Andreas D. Katsambas

University of Athens Medical School, Greece

### **Botulinum toxin for aesthetic reasons**

Botulinum Toxin type A (BT-A) injection is probably the most widely performed non-invasive aesthetic procedure. BT-A commercial products that are most commonly used for aesthetic reasons are Botox and Dysport. The units of Botox and Dysport are not interchangeable.

Treatment for the glabellar lines was initially the only approved aesthetic indication of BT-A. However, physicians use to treat wrinkles in other facial and neck areas.

In the presentation, anatomy, injection points, doses, injection technique and safety measures will be analyzed in order to achieve the best aesthetic results securing also the safety of the procedures. The following indication will be presented;

Upper Face: Horizontal forehead lines, Glabellar lines, Crow's feet and Lateral eye brow lift

Mid Face: Lower eyelid wrinkles, Bunny lines, Nasal tip Elevation

Lower Face and neck: Perioral wrinkles, Masseter hypertrophy, Dropping mouth corners, Dimpled chin, Platysma bands and Décolleté wrinkles.

For each indication, the potential side effects as well as the ways to correct the unwanted problems will be discussed.

#### **Recent Publications**

- 1. Dessinioti, Clio & Katsambas, Andreas. Childhood Rosacea. Harper's Textbook of Pediatric Dermatology, 2019, (pp.821-824)
- 2. Dessinioti, Clio & Katsambas, Andreas. Approach to hypopigmentation. In: Hypopigmentation, 2019, (pp.1-15).
- 3. Pavlidis, Athanasios & Katsambas, Andreas. Alezzandrini syndrome, Margolis syndrome, Cross syndrome, and other rare genetic disorders. Hypopigmentation, 2019, (pp.1-13)

### **Biography**

Andreas D. Katsambas is a Professor of Dermatology and Venereology of the University of Athens in Greece and head of the Dermatology Clinic at Hygeia Hospital. Earlier appointments include President of the Hellenic Society of Dermatology and Venereology, President of the European Academy of Dermatology and Venereology as well as Secretary-General; Board member of the International League of Dermatological Societies; International member of the American Dermatological Association and more recently, International Board Observer of the American Academy of Dermatology and President-elect of the European Society of Cosmetic and Aesthetic Dermatology (ESCAD).

drkatsabas@gmail.com

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