

Ayurvedic management of myeloid leukemia (myelo proliferative disorder) vis-à-vis-a clinico-theoretical review

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Myeloid leukemia (ML) is very commonly myelo proliferative disorder presented with leukocytosis usually >50K. It is clinically presented with varied symptom like anemia, bleeding symptoms, etc. In recent years disease having increased viscosity are managed and named as hyper viscosity state - one common pathological change of observed due to increase in cellularity. This condition is named as lohitaabhisyanda and in CML myeloid leukocytes increases. This is the characteristic change observed in raktapitta. Thus it is kept at equality. Triyak raktapitta is advanced phase of the raktapitta where the blood oozes out even from the romakupa. This is tridoshaja condition and bears poor prognosis, because of non-effectiveness of therapeutic purification processes or limited availability of tridosha shamak drugs. It is observed that on the basis of the clinical experience that the chronic myeloid leukemia (CML) is managed effectively with providing good symptom relief and improving general wellbeing. Patient diagnosed CML attending clinic of Dr. Shukla were treated with ayurvedic treatment with combination of Shatavari (Asparagus), Yastimadhu and Dhatri-loha. The clinical progress of the patients were recorded and based on their clinical progress and periodical pathological reports shown improvement in

pathological parameters TLC reduced markedly from 21500/cumm to 7390/cumm, Hemoglobin increased from 7.58Gm/dl to 11.21gm/dl, marked clinical improvement is observed in all cases general wellbeing was marked improved. The average life span of the patient is believed to be five to ten years, but it is observed that the life span of the patients managed with ayurvedic live even more than fifteen years. Tools for evaluation for the life expectancy are yet not very much perfect, so calming the improvement of life expectancy is not justified, but it is certain that the wellbeing of the patients improves with symptom relief.

Speaker Biography

Nishant Shukla has completed his MD and PhD (Ayu) from IPGT&RA, GAU, Jamnagar. He worked as Lecturer in SGAM, GAU, Jamnagar in Kayachikitsa (Eternal Medicine) for approximately 8 years. He has good academic records and stood university 2nd in Post-graduate studies. He presented more than 20 papers in international and national seminars. He was invited to deliver speech four times in seminar organized by Rastriya Ayurved Vidyapith, New-Delhi and Royal Asiatic Society, Kolkata. More than 10 scientific papers are published in internal peer-reviewed journals and he is author of two ayurvedic books. He is a renowned Clinician and has rendered medical service through camps near Jamnagar. He served in medical camps organized by Borivali Gujarati Seva Mandal, Mumbai thrice.

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